

# Pharmacy Home Delivery Benefit Options: Stay Healthy, Save Time and Money

At Blue Cross Blue Shield of Massachusetts, we understand the importance of providing our members with affordable, accessible prescription drug benefits. Most prescriptions cost less when purchased at the mail service pharmacy, and combined with certain copayments, can offer savings for both members and employers. That's why we've partnered with our pharmacy benefit manager, Express Scripts,<sup>®</sup> Inc., to offer two optional pharmacy home delivery benefit riders: Exclusive Home Delivery and Select Home Delivery.

## About Exclusive Home Delivery and Select Home Delivery

Our Exclusive Home Delivery and Select Home Delivery programs provide coverage through the Express Scripts mail service pharmacy for certain maintenance medications for ongoing conditions, such as diabetes and high blood pressure, as well as medications used for birth control and to lower cholesterol.

With Exclusive Home Delivery, members can fill a one-month supply of a maintenance medication up to two times from a participating retail pharmacy during a 180-day period. After that, the maintenance medication is only covered when ordered through the mail service pharmacy. Members will receive a letter notifying them how their benefit is changing and how the program works.

Select Home Delivery is similar to the Exclusive Home Delivery program, but it gives members the choice to opt out and continue using a retail pharmacy. Members can opt out by calling Express Scripts or Blue Cross Blue Shield of Massachusetts Member Service.

	Exclusive Home Delivery	Select Home Delivery
Mandatory Use of Mail Pharmacy	Yes	No, opt out allowed
Eligible Plans for ASC Accounts	PPO, HMO, and HMO Blue New England <sup>SM</sup>	PPO, HMO, and HMO Blue New England
Eligible Plans for Fully Insured Accounts (50 or more employees)	HMO	PPO, HMO, and HMO Blue New England

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## The Benefits of Pharmacy Home Delivery

When members fill maintenance medication prescriptions through the mail service pharmacy, in most cases, they pay less for 90-day supply compared to purchasing the prescription through a retail pharmacy.

In addition, members can receive:

- Free home delivery of medications
- Up to a 3-month supply of medication with each order, which saves time
- 24-hour access to a pharmacist by phone
- Easy options for refilling a prescription, including ordering online, by telephone, or by fax

## About Express Scripts

Express Scripts fills prescriptions using a safe, reliable process. For example:

- At least 2 registered pharmacists check every new prescription
- Medications are delivered in a plain, weather-resistant package, which protects the medication and ensures privacy
- Each medication is sent with information about safety issues, side effects, and drug interactions
- Pharmacists are available to answer questions 24 hours a day by phone

Members can easily order refills by phone, by mail, or at [www.express-scripts.com](http://www.express-scripts.com). Each refill includes up to a three-month supply of medication and free home delivery.

For more information about Exclusive Home Delivery and Select Home Delivery, please contact your account executive.

