

Quality Care Dosing (QCD) Affected Medications

Below is the current list of prescription medications in our QCD Pharmacy Program.

Note: The list is up-to-date as of March 1, 2006, and may be updated from time to time.

Respiratory/Asthma Inhalers

Product	Maximum Quantity per Rx	Product	Maximum Quantity per Rx
Advair™ Discus® 100-50, 250-50, 500-50 mcg/act	1 package (package size 28, 60)	NebuPent™ 300 mg sol	1 container
*Aerobid®/Aerobid®-M	3 inhalers	*Proventil® 90 mcg/act	3 inhalers
albuterol/HFA inhaler	3 inhalers	Proventil® HFA 108 mcg/act	3 inhalers
Alupent® 0.65 mg/act	3 inhalers	Pulmicort® Respules 0.25, 0.5 mg/2mL	70 ampules
Atrovent®/HFA inhaler	2 inhalers	Pulmicort® Turbuhaler®	2 inhalers
*Azmacort®	2 inhalers	QVAR™ 40 mcg/act	2 inhalers
Beclovent® 16.8, 6.7 g	2 inhalers	QVAR™ 80 mcg/act	1 inhaler
Combivent® 21/120 mcg/act	2 inhalers	Serevent® Diskus® 50 mcg/dose	1 inhaler
Flovent® 100 mcg rotadisk (60 blisters)	2 packages (pkg. size 60)	Spiriva® HandiHaler®	60 capsules
Flovent®/HFA 110 and 220 mcg, 44 mcg 7.9 g	2 inhalers	Tilade® 1.75 mg/act	3 inhalers
Flovent®/HFA 110 and 220 mcg, 44 mcg 13 g	2 inhalers	*Tornalate® 0.20%	2 bottles
Flovent® 250 mcg rotadisk, (60 blisters)	5 packages (pkg. size 60)	*Tornalate® 0.8% (370 mcg/act)	2 bottles
Flovent® 50 mcg rotadisk (60 blisters)	2 packages (pkg. size 60)	*Vanceril® 16.8 gm	2 inhalers
Foradil® 12 mcg/cap	1 package (pkg. sizes=12, 60)	*Vanceril® 84 mcg (DS, Double Strength), 12.2 gm	3 inhalers
Intal® 800 mcg/act	2 inhalers	*Vanceril® 84 mcg (DS Double Strength), 5.4 gm	3 inhalers
Maxair™/Maxair™ Autohaler™ 200 mcg/act	2 inhalers	*Ventolin® 90 mcg/act	3 inhalers
		Ventolin® HFA 90 mcg/act	3 inhalers
		*Ventolin® Rotocaps® 200 mcg	200 capsules

Nasal Inhalants

Product	Maximum Quantity per Rx	Product	Maximum Quantity per Rx
Astelina®	2 bottles	*Nasarel® 0.025% sol	2 bottles
Atrovent® 0.03%	2 bottles	Nasonex® mcg/act	2 bottles
Atrovent® 0.06%	1 bottle	*Rhinocort® 32 mcg/act	2 inhalers
*Beconase®/Beconase® AQ	2 inhalers	*Rhinocort® Aqua™ 32 mcg/act	5 bottles of 5ml, 3 bottles of 9ml
Flonase® 50 mcg/act	2 bottles	*Tri-Nasal® 50 mcg/act	3 bottles
flunisolide 0.025% sol	2 bottles	Vancenase® 42 mcg/act	2 inhalers
ipratropium 0.03%	2 bottles	Vancenase® Pockethaler® 42 mcg/act	2 inhalers
ipratropium 0.06%	1 bottle	Vancenase® AQ 0.042%, 0.084% sol	2 inhalers
*Nasacort® 55 mcg/act	3 inhalers		
*Nasacort® AQ 55 mcg/act	2 bottles		
*Nasalide® 0.025% sol	2 bottles		



**(Non-covered medication) Quantity limits apply to members with approved formulary exceptions.*

Cox-II/Anti-inflammatory

Product	Maximum Quantity per Rx
Celebrex™ (ST) 100, 200, 400 mg	60 capsules
*Mobic® 7.5, 15 mg	30 tablets

Migraine/Headache

Product	Maximum Quantity per Rx
Amerge™ 1, 2.5 mg	9 tablets
*Axert® 6.25, 12.5 mg	12 tablets
*Frova™ 2.5 mg	9 tablets
Imitrex® 5, 20 mg nasal spray	6 nasal spray devices
Imitrex® Syringe (injection)	1 kit (2 syringes)
Imitrex® 25, 50, 100 mg	9 tablets
*Maxalt®/Maxalt®-MLT™ 5, 10 mg	9 tablets
Migranal® 4 mg/mL	4 ampuls/spray
Relpax® 20, 40mg	12 tablets
Zomig® 2.5 mg	12 tablets
Zomig® 5 mg	9 tablets
Zomig® nasal spray 5 mg	6 nasal spray devices

Emotional Wellness

Product	Maximum Quantity per Rx
bupropion SR	60 tabs
Celexa® (ST) 10, 20, 40 mg	45 tablets
citalopram 10, 20, 40 mg	45 tablets
Effexor® XR (ST) 150mg	60 caps
Effexor® XR (ST) 37.5mg, 75mg	30 caps
fluoxetine 10, 20 mg tablets	45 tablets
fluoxetine 10, 20 mg	30 capsules
fluoxetine 40 mg	60 capsules
fluvoxamine 25 mg	45 tablets
fluvoxamine 50 mg	60 tablets
fluvoxamine 100 mg	90 tablets
Lexapro™ (ST) 5, 10, 20 mg	45 tablets
*Luvox® (ST) 25 mg	45 tablets
*Luvox® (ST) 50 mg	60 tablets
*Luvox® (ST) 100 mg	90 tablets
mirtazapine 15mg	45 tabs
mirtazapine 7.5mg, 30mg, 45mg	30 tabs

Gastrointestinal (stomach)

Product	Maximum Quantity per Rx
*Aciphex™ (ST) 20 mg	30 tablets
Lotronex® 0.5, 1 mg	60 tablets
omeprazole 10, 20 mg	30 capsules
*Nexium™ (ST) 20, 40 mg	30 capsules
*Prevacid® (ST) 15, 30 mg	30 capsules
Prevpac® patient pack	1 package (pkg. size 14)
*Prilosec™ (ST) 10, 20, 40 mg	30 capsules
Protonix® (ST) 20, 40 mg	30 tablets
*Zegerid® (ST)	30 packets
Zelnorm® 2, 6 mg	60 tablets

Antinausea

Product	Maximum Quantity per Rx
*Anzemet® 50, 100 mg	1 tablet
Emend® 80 mg	2 capsules
Emend® 125 mg	1 capsule
Emend® tri-fold pack	1 pack
*Kytril™	2 tablets
*Kytril™ oral solution 30 mL	1 bottle
Zofran® 4, 8 mg	12 tablets or orally disintegrating tablets (1d supply)
Zofran® 24 mg	1 tablet (1d supply)
Zofran® solution 4 mg/5 mL	(1d supply)

*(Non-covered medication) Quantity limits apply to members with approved formulary exceptions.
(ST) = step therapy required.

Emotional Wellness *continued*

Product	Maximum Quantity per Rx	Product	Maximum Quantity per Rx
Serzone® (ST) 50 mg	45 tablets	Wellbutrin SR® (ST) 100mg, 150mg	60 tabs
Symbyax™ 6mg/25mg 6mg/50mg 12mg/25mg 12mg/50mg	30 capsules	*Wellbutrin SR® (ST) 200mg	60 tabs
		*Wellbutrin XL® (ST)	30 tabs
		Zoloft™ (ST) 25, 50 mg	45 tablets
		Zoloft™ (ST) 100 mg	60 tablets

Blood Pressure/Heart/Cholesterol

Product	Maximum Quantity per Rx	Product	Maximum Quantity per Rx
Advicor® (ST) 1000/20, 750/20, 500/20mg	60 tablets	Lipitor® (ST) 10, 20, 40, 80 mg	30 tablets
*Caduet® 2.5 mg/10 mg 2.5 mg/20 mg, 2.5 mg/40 mg, 5 mg/10 mg, 5 mg/20 mg, 5 mg/40 mg, 5 mg/80 mg, 10 mg/10 mg, 10 mg/20 mg, 10 mg/40 mg, 10 mg/80 mg	30 tablets	lovastatin 10 mg	30 tablets
Cardura® 1, 2, 4 mg	30 tablets	lovastatin 20, 40 mg	60 tablets
Cardura® 8 mg	60 tablets	*Mevacor® (ST) 10 mg	30 tablets
Catapres TTS®	4 patches	*Mevacor® (ST) 20, 40 mg	60 tablets
Crestor® (ST) 5, 10, 20, 40 mg	30 tablets	Norvasc® 2.5, 5 mg	45 tablets
doxazosin 1, 2, 4 mg	30 tablets	Norvasc® 10 mg	30 tablets
doxazosin 8 mg	60 tablets	Pravachol® 10, 20, 40, 80 mg	30 tablets
*Hytrin® 1, 5 mg	30 capsules	*Pravigard™ PAC 20 mg/81 mg 20 mg/325 mg, 40 mg/81 mg, 40 mg/325 mg, 80 mg/81 mg, 80 mg/325 mg	30 tablets
Hytrin® 2, 10 mg	60 capsules	terazosin 1, 5 mg	30 capsules or tablets
Lescol® (ST) 20 mg	30 capsules	terazosin 2, 10 mg	60 capsules or tablets
*Lescol® (ST) 40 mg	60 capsules	Vytorin™ (ST) 10 mg/10 mg, 10 mg/20 mg, 10 mg/40 mg, 10 mg/80 mg	30 tablets
*Lescol® (ST) XL 80 mg	30 tablets	Zetia™ (ST) 10 mg	30 tablets
		Zocor® 5, 10, 20, 40, 80 mg	30 tablets

Injectable Medications

Product	Maximum Quantity per Rx
Avonex® (PA)	4 vials or syringes
Betaseron® (PA)	15 vials
Copaxone®	1 box
Infergen® 9, 15 mcg	12 vials or syringes
Rebetron Combination™ (PA) (1200, 1000, 600 therapy pack)	2 packages
Rebif® (PA)	15 syringes

Osteoporosis

Product	Maximum Quantity per Rx
Actonel® 5, 30 mg	30 tablets
Actonel® 35 mg	4 tablets
*Boniva® 2.5 mg	30 tablets
*Boniva® 150 mg	1 tablets
Fosamax® 35, 70 mg	4 tablets
Fosamax® 5, 10, 40 mg	30 tablets
Fosamax® oral solution	4 bottles
Fosamax® Plus D™	4 tablets

Diabetes Management

Product	Maximum Quantity per Rx
*Actos™ 15 mg	45 tablets
*Actos™ 30 mg, 45 mg	30 tablets
Avandia® 2, 4 mg	60 tablets
Avandia® 8 mg	30 tablets
Avandamet® (All Strengths)	60 tablets
** All Diabetes Testing Strips	300 strips

Insomnia

Product	Maximum Quantity per Rx
Ambien™ 5, 10 mg	14 tablets
*Lunesta® 1, 2, 3 mg	30 tablets
*Rozerem™ 8 mg	30 tablets
Sonata® 5, 10 mg capsules	14 capsules

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** Please refer to bluecrossma.com for coverage information of individual products.

(PA) = prior authorization required.

(ST) = step therapy required.

Ophthalmic (eye) Preparations

Product	Maximum Quantity per Rx
Acular [®]	10ml
Acular [®] LS	5ml
Acular [®] PF	12 vials
*Alamast [™]	10ml
*Alocril [®]	10ml
Alomide [®]	10ml
*Alrex [™]	20ml
Crolom [®]	20ml
cromolyn sodium	20ml

Product	Maximum Quantity per Rx
*Elestat [™]	5ml
Emadine [®]	10ml
*Livostin [®]	10ml
*Optivar [™]	6ml
Patanol [®]	10ml
Restasis [®] 0.05%	2 packages (64 units)
Vigamox [™] 0.05%	1 bottle (3ml)
*Zaditor [™]	10ml
Zymar [™] 0.3%	1 bottle (3ml)

Pain Management

Product	Maximum Quantity per Rx
butorphanol nasal spray	2 bottles
Stadol [®] NS	2 bottles

Endocrine Medications

Product	Maximum Quantity per Rx
Dostinex [®]	8 tablets

Antihistamines

Product	Maximum Quantity per Rx
Allegra [®] 30, 60 mg	60 tablets/capsules
Allegra [®] D	60 tablets
Allegra [®] 180 mg	30 tablets
fexofenadine 30, 60 mg	60 tablets
fexofenadine 180 mg	30 tablets
*Clarinet [®]	30 tablets
*Zyrtec [®]	30 tablets
*Zyrtec [®] D	60 tablets

Hormone Replacement

Product	Maximum Quantity per Rx
*Alora [®]	8 patches
Climara [®] /Climara [®] PRO [™]	4 patches
*Escim [®]	8 patches
Estraderm [®]	8 patches
estradiol patch	4 patches
*Estrasorb [®]	1 box (56 pouches)
*Estroge [®]	1 tube/pump
*Menostar [®]	4 patches
Vivelle [®] /Vivelle DOT [®]	8 patches

Antiviral Medications

Product	Maximum Quantity per Rx
*Famvir [®] 125, 500 mg	21 tablets
*Famvir [®] 250 mg	60 tablets
Valtrex [®]	30 tablets

Central Nervous System Agents

Product	Maximum Quantity per Rx
Adderall [®] XR 5, 10, 15, 25 mg	30 capsules
Adderall [®] XR 20, 30 mg	60 capsules
Concerta [®] 18, 27, 54 mg	30 tablets
Concerta [®] 36 mg	60 tablets
Strattera [™] (PA) 10, 18, 25 mg	30 tablets
Strattera [™] (PA) 40, 60 mg	60 tablets

Rheumatoid Arthritis Treatment

Product	Maximum Quantity per Rx
Arava [®] 10, 20 mg	30 tablets
leflunomide 10, 20 mg	30 tablets

Antifungal

Product	Maximum Quantity per Rx
Diflucan [®] 150 mg	5 tablets
fluconazole 150 mg	5 tablets
itraconazole (PA) 100 mg	30 capsules
Lamisil [®] (PA) 250 mg	30 tablets
Penlac [®] (PA)	1 bottle
*Sporanox [®] (PA) 100 mg	30 capsules



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