



2012 Dental Blue[®] Healthy Supplement at a Glance

Dental Blue Healthy Supplement is an optional dental plan with fitness and weight loss benefits available to federal employees who are members of the Blue Cross and Blue Shield Service Benefit Plan (Standard Option or Basic Option) and live in Massachusetts.

Dental Blue Healthy Supplement provides dental coverage by enhancing the dental benefits included in Standard Option and Basic Option. The dental benefits include coverage for preventive services and fillings, *plus* a fitness benefit and a weight loss benefit—all at an affordable monthly premium.

Dental Blue Healthy Supplement Benefits	Service Benefit Plan Dental Coverage Included in Medical Plan	Dental Blue Healthy Supplement Combined with Service Benefit Plan Dental	
		Benefit Level	
		When you use participating dentists—90% of MA dentists are participating	When you use non-participating dentists
Preventive Benefit Group <ul style="list-style-type: none"> • Oral Exams • Diagnostic X-rays • Cleaning • Fluoride Treatments • Sealants 	Standard Option: Limited fee schedule benefits, member responsible for balance Basic Option: \$25 copayment, at network dentists only	100% coverage	80% of allowable charge
Basic Benefit Group <ul style="list-style-type: none"> • Fillings Includes coverage for white composite resin fillings for all teeth.	Standard Option: Limited services covered, limited fee schedule benefits Basic Option: No coverage	100% coverage for fillings	80% of allowable charge for fillings
\$750 Calendar-Year Benefit Maximum (per person) for Preventive and Basic benefit groups combined. Includes Dental Rollover Benefit PLUS			
Fitness Benefit	Standard Option: No coverage Basic Option: No coverage	\$150 per calendar year toward qualified health club membership for you or your family	
Weight Loss Benefit	Standard Option: No coverage Basic Option: No coverage	\$150 per calendar year toward qualified weight loss program fees for you or your family	

Take a look at our affordable rates on the reverse side.

Monthly Premium Rates

- Premiums are directly billed to the subscriber and payable monthly.
- Convenient, automatic Electronic Funds Transfer (EFT) payment option available.

2012 Dental Blue Healthy Supplement Monthly Premium			
Your dental premium is based on your Service Benefit Plan Coverage for 2012	Self Only	Self + One	Family (3+)
Standard Option	30.05	70.81	90.11
Basic Option	28.98	68.27	86.88

You must select the same type of enrollment that you currently have in the Service Benefit Plan.
Self + One rate = two (total) members covered by Service Benefit Plan family coverage.
Family rate = three or more members covered by Service Benefit Plan family coverage.

If you are a current Dental Blue Healthy Supplement subscriber, thank you for being a loyal member. Your dental coverage will continue next year—just pay your premium when the first invoice for 2012 arrives.

Visit us at bluecrossma.com/fep. There you will find:

- 2012 Dental Blue Healthy Supplement Brochure
- Enrollment Form
- Fitness & Weight Loss Reimbursement Forms
- Information on the Electronic Funds Transfer Option

To join, complete the enrollment form in the 2012 Dental Blue Healthy Supplement brochure (or online) and return to Blue Cross Blue Shield of Massachusetts by December 31, 2011.

If you have any questions or you need to add a dependent to your coverage, please call us at **1-800-433-7766**.

This benefit is neither offered nor guaranteed under contract with FEHBP/FEDVIP, but is made available to all enrollees and family members who become members of the Blue Cross and Blue Shield Service Benefit Plan and live in Massachusetts.

www.bluecrossma.com/fep

