

# Quality Care Dosing (QCD)

Our Quality Care Dosing program helps to ensure that the quantity and dose of medications comply with Food and Drug Administration (FDA) recommendations, as well as manufacturer and clinical information. Below is the current list of prescription medications in our Quality Care Dosing pharmacy program. The list is up-to-date as of January 1, 2012, and may be updated from time to time.

Medication	Maximum Quantity per Rx
Abstral* (PA) 0.1, 0.2, 0.3, 0.4, 0.6, 0.8 mg	120 tablets
AcipHex (PA) 20 mg	30 tablets
Actiq* (PA) 200, 400, 600, 800, 1200, 1600 mcg	120 lozenges
Actonel (ST) 150 mg	1 tablet
Actonel (ST) 35 mg	4 tablets
Actonel (ST) 5, 30 mg	30 tablets
Actonel (ST) with calcium	28 tablets
ACTOplus met (ST)	60 tablets
ACTOplus met XR (ST) 15 mg/1000 mg	60 tablets
ACTOplus met XR (ST) 30 mg/1000 mg	30 tablets
Actos 15 mg	45 tablets
Actos 30, 45 mg	30 tablets
Acular*	10 mL
Acular LS*	5 mL
Acular PF	12 vials
Adderall XR 20, 30 mg	60 capsules
Adderall XR 5, 10, 15, 25 mg	30 capsules
Advair Diskus (ST) 100-50, 250-50, 500-50 mcg/act	1 package (package size 60)
Advair HFA (ST) 45/21, 115/21, 230/21 mcg/act	2 inhalers
Advicor (ST) 1000/20, 750/20, 500/20 mg/mg	60 tablets
Aerobid/Aerobid-M*	3 inhalers
Alamast*	10 mL
Alendronate 35, 70 mg	4 tablets
Alendronate 5, 10, 40 mg	30 tablets
Alocril*	10 mL
Alomide	10 mL
Alora*	8 patches
Alrex*	20 mL
Alsuma (ST) 0.6 mg/0.5 ml Auto-Injector	2 Auto-Injectors
Altoprev (ST) 20, 40, 60 mg	30 tablets
Alupent 0.65 mg/act	3 inhalers
Alvesco* 80, 160 mcg/act	2 inhalers
Ambien CR* (ST) 6.25, 12.5 mg	14 tablets
Ambien* (ST) 5, 10 mg	14 tablets
Amerge (ST) 1, 2.5 mg	9 tablets
Amitiza 8 mg	60 capsules
Amitiza 24 mg	60 capsules
amlodipine 10 mg	30 tablets
amlodipine 2.5, 5 mg	45 tablets
Ampyra (PA) (SP) 10 mg	60 tablets

Medication	Maximum Quantity per Rx
Anzemet* 50, 100 mg	2 tablets
Aplenzin ER* (ST) 174, 348, 522 mg	30 tablets
Aranesp (PA) (SP)	4 vials or syringes
Arava* 10, 20 mg	30 tablets
Arcapta Neohaler 75 mcg**	1 package (30 capsules)
Arixtra (all strengths)	30 syringes
Asmanex Twisthaler* 110, 220 mcg/act	2 inhalers
Astelin nasal spray	2 bottles
Astepro* 0.15% nasal spray	2 bottles
Atelvia 35 mg*	4 tablets
atorvastatin 10, 20, 40, 80 mg	30 tablets
Atrovent 0.03% nasal spray	2 bottles
Atrovent 0.06% nasal spray	1 bottle
Atrovent HFA inhaler	3 inhalers
Avandamet (ST) (all strengths)	60 tablets
Avandia (ST) 2, 4 mg	60 tablets
Avandia (ST) 8 mg	30 tablets
Avinza* 30, 45, 60, 75, 90, 120 mg	60 capsules
Avonex (SP)	4 vials or syringes
Axert* (ST) 6.25, 12.5 mg	12 tablets
azelastine HCl 0.05%	6 mL
Azmacort*	2 inhalers
Beconase AQ*	2 inhalers
Betaseron (SP)	15 vials
Boniva* (ST) 150 mg	1 tablet
Boniva* (ST) 2.5 mg	30 tablets
Budeprion SR 100, 150 mg	60 tablets
Budeprion XL 150, 300 mg	30 tablets
budesonide ampules	70 ampules
bupropion SR 100, 150, 200 mg	60 tablets
bupropion XL 150, 300 mg	30 tablets
butorphanol nasal spray	2 bottles
Butrans* 5, 10, 20 mcg/hr	4 patches
cabergoline	8 tablets
Caduet* (ST) (all strengths)	30 tablets
Cardura* 1 mg	30 tablets
Cardura* 2, 4, 8 mg	60 tablets
Cardura* XL 4, 8 mg	30 tablets
Catapres TTS	4 patches
Celebrex (ST) 50, 100, 200, 400 mg	60 capsules
Celexa* (ST) 10, 20, 40 mg	45 tablets
Cesamet* 1 mg	30 capsules

\* Noncovered medication—quantity limits apply to members with approved formulary exceptions

\*\* New to market medication—noncovered while under review. Quantity limits apply to members with approved formulary exceptions

(ST) Step therapy required | (PA) Prior authorization required | (SP) Specialty pharmacy program

Medication	Maximum Quantity per Rx
Ciclodan Solution/kit	1 bottle/kit
ciclopirox nail lacquer	1 bottle/kit
citalopram 10, 20, 40 mg	45 tablets
Climara	4 patches
Climara PRO	4 patches
clonidine patch	4 patches
CNL 8 nail kit*	1 kit
Combivent 21/120 mcg/act	2 inhalers
Concerta 18, 27, 54 mg	30 tablets
Concerta 36 mg	60 tablets
Copaxone (SP)	1 box
Crestor (ST) 5, 10, 20, 40 mg	30 tablets
Crolom ophthalmic	20 mL
cromolyn sodium ophthalmic	20 mL
Cymbalta (PA) 20, 60 mg	60 capsules
Cymbalta (PA) 30 mg	30 capsules
Dexilant (Kapidex) (PA) 30, 60 mg	30 capsules
dextroamphetamine/amphetamine ER 5, 10, 15, 25 mg	30 capsules
dextroamphetamine/amphetamine ER 20, 30 mg	60 capsules
Diflucan 150 mg	5 tablets
doxazosin 1 mg	30 tablets
doxazosin 2, 4, 8 mg	60 tablets
Dulera (ST) 100 mcg/5 mcg, 200 mcg/5 mcg	2 inhalers
Duragesic* 12, 25, 50, 75, 100 mcg/hr	15 patches
Edluar* (ST) 5, 10 mg	14 tablets
Effexor XR* (ST) 150 mg	60 capsules
Effexor XR* (ST) 37.5 mg, 75 mg	30 capsules
Elestat*	5 mL
Emadine	10 mL
Embeda* 20/0.8, 30/1.2, 50/2, 60/2.4, 80/3.2, 100/4 mg	90 capsules
Emend 40, 125 mg	1 capsule
Emend 80 mg	2 capsules
Emend tri-fold pack	1 pack
Enbrel (PA) (SP) 25 mg kit	16 vials
Enbrel (PA) (SP) 50 mg syringe	7.84 mL (8 syringes)
enoxaparin (all strengths)	60 ampules or syringes
epinastine ophthalmic	5 mL
Epogen (PA) (SP) 2,000, 3,000, 4,000, 10,000, 40,000 units/mL	12 mL
Epogen (PA) (SP) 20,000 units/mL	6 mL
Estraderm patch	8 patches
estradiol patch	4 patches
Estrasorb box*	1 box (56 pouches)
EstroGel tube/pump*	1 tube/pump
Evamist bottle*	2 bottles
Exalgo ER* 8, 12, 16 mg	60 tablets

Medication	Maximum Quantity per Rx
Extavia* 0.3 mg kit	1 kit
Famciclovir 125, 500 mg	21 tablets
Famciclovir 250 mg	60 tablets
Famvir* 125, 500 mg	21 tablets
Famvir* 250 mg	60 tablets
fentanyl oral/mucosal (PA) 200, 400, 600, 800, 1200, 1600 mcg	120 lozenges
fentanyl patch 12, 25, 50, 75, 100 mcg/hr	15 patches
Fentora* (PA) 100, 200, 300, 400, 600, 800 mcg	120 tablets
Flonase* 50 mcg/act	2 bottles
Flovent Diskus 50, 100, 250 mcg	2 inhalers
Flovent HFA 110, 220, 44 mcg	2 inhalers
fluconazole 150 mg	5 tablets
flunisolide 0.025% sol	2 bottles
fluoxetine 10, 20 mg	90 capsules/tablets
fluoxetine 40 mg	60 capsules
fluoxetine DR	4 capsules
fluticasone 50 mcg/act	2 bottles
fluvoxamine 100 mg	90 tablets
fluvoxamine 25 mg	45 tablets
fluvoxamine 50 mg	60 tablets
Focalin XR* 5, 10, 15 mg	30 capsules
Focalin XR* 20, 30, 40 mg	60 capsules
fondaparinux (all strengths)	30 syringes
Foradil 12 mcg/cap	1 package (pkg. sizes 12 or 60)
Forteo (PA) (SP) 600 mcg/2.4 mL	2.4 mL (1 pen device)
Fosamax* (ST) 35, 70 mg	4 tablets
Fosamax* (ST) 5, 10, 40 mg	30 tablets
Fosamax oral solution	4 bottles
Fosamax Plus D (ST)	4 tablets
Fragmin 10,000 units/mL multi-dose vial	38 mL (4 vials)
Fragmin 10,000 units/mL syringe	30 mL (30 syringes)
Fragmin 12,500 units/0.5 mL syringe	15 mL (30 syringes)
Fragmin 15,000 units/0.6 mL syringe	18 mL (30 syringes)
Fragmin 18,000 units/0.72 mL syringe	21.6 mL (30 syringes)
Fragmin 2,500, 5,000 units/0.2 mL syringe	6 mL (30 syringes)
Fragmin 25,000 units/mL multi-dose vial	15.2 mL (4 vials)
Fragmin 7,500 units/0.3 mL syringe	9 mL (30 syringes)
Frova* (ST) 2.5 mg	9 tablets
Gilenya (PA) (SP) 0.5 mg	28 capsules
Glucose testing strips (all brands)	300 strips
Gralise 300, 600 mg	30 tablets
Granisetron 1 mg	4 tablets
Granisol oral solution	1 bottle
Humira (PA) (SP) 40 mg/0.8 mL	4 pens or syringes
Humira Crohn's starter pack (PA) (SP)	6 pens (1 pack)
Humira Psoriasis starter pack (PA) (SP)	4 pens (1 pack)

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(ST) Step therapy required | (PA) Prior authorization required | (SP) Specialty pharmacy program

Medication	Maximum Quantity per Rx
Hytrin* 1, 5 mg	30 capsules
Hytrin* 2, 10 mg	60 capsules
Imitrex (ST) 25, 50, 100 mg	9 tablets
Imitrex (ST) 5, 20 mg	6 nasal spray devices
Imitrex Syringe (ST) (injection)	1 kit (2 syringes)
Infergen (PA) (SP) 9, 15 mcg	12 vials or syringes
ipratropium 0.03% nasal spray	2 bottles
ipratropium 0.06% nasal spray	1 bottle
itraconazole 100 mg	30 capsules
Kadian* 10, 20, 30, 50, 60, 80, 100, 200 mg	90 capsules
ketorolac ophthalmic 0.4%	5 mL
ketorolac ophthalmic 0.5%	10 mL
Kytril*	4 tablets
Kytril oral solution* 30 mL	1 bottle
Lamisil* 250 mg	30 tablets
Lamisil granules* 125 mg	60 packets
Lamisil granules* 187.5 mg	30 packets
lansoprazole (PA) 30 mg	30 capsules
Lastacaft 0.25%	1 package (3 mL)
leflunomide 10, 20 mg	30 tablets
Lescol* (ST) 20 mg	30 capsules
Lescol* (ST) 40 mg	60 capsules
Lescol XL* (ST) 80 mg	30 tablets
Lexapro (ST) 5, 10, 20 mg	45 tablets
Lipitor (ST) 10, 20, 40, 80 mg	30 tablets
Livalo* (ST) 1, 2, 4 mg	30 tablets
Lotronex 0.5, 1 mg	60 tablets
lovastatin 10 mg	30 tablets
lovastatin 20, 40 mg	60 tablets
Lovenox (all strengths)	60 ampules or syringes
Lunesta (ST) 1, 2, 3 mg	14 tablets
Luvox CR* (ST) 100 mg	30 capsules
Luvox CR* (ST) 150 mg	60 capsules
Lysteda*	30 tablets
Maxair Autohaler* 200 mcg/act	2 inhalers
Maxalt/Maxalt-MLT* 5, 10 mg	18 tablets
Meloxicam 7.5, 15 mg	30 tablets
Menostar*	4 patches
Metadate CD 10, 20, 30 mg	30 capsules
Metadate CD 40, 50, 60 mg	60 capsules
methylphenidate ER 18, 27, 54 mg	30 tablets
methylphenidate ER 36 mg	60 tablets
Mevacor* (ST) 10 mg	30 tablets
Mevacor* (ST) 20, 40 mg	60 tablets
Migranal 4 mg/mL	4 ampules/sprays
mirtazapine 15 mg	45 tablets
mirtazapine 7.5, 30, 45 mg	30 tablets
mirtazapine rapid dissolve 15, 30, 45 mg	30 tablets

Medication	Maximum Quantity per Rx
Mobic* 7.5, 15 mg	30 tablets
morphine sulfate ER 15, 30, 60, 100, 200 mg	120 tablets
Moxeza 0.50%	3 mL
MS Contin 15, 30, 60, 100, 200 mg	120 tablets
naratriptan 1, 2.5 mg	9 tablets
Nasacort AQ* 55 mcg/act	2 bottles
Nasonex 50* mcg/act	2 bottles
NebuPent 300 mg sol	1 container
Neulasta (SP) 1.2 mL	2 syringes
Neupogen (SP)	30 vials or syringes
Nexium* (PA) 10, 20, 40 mg	30 capsules/packets
Norvasc* 10 mg	30 tablets
Norvasc* 2.5, 5 mg	45 tablets
omeprazole (PA) 10, 40 mg	30 capsules
omeprazole (PA) 20 mg	60 capsules
omeprazole/sodium bicarbonate (PA) 40 mg	30 capsules
Omnaris* 50 mcg/act	2 bottles
ondansetron 24 mg	1 tablet
ondansetron 4 mg/5 mL solution	150 mL
ondansetron/ODT 4, 8 mg	24 tablets/orally disintegrating tablets
Onsolis (PA)* 200, 400, 600, 800, 1200 mcg	120 film strips
Opana ER* 5, 10, 20, 30, 40 mg	90 tablets
Optivar*	6 mL
Oramorph SR* 15, 30, 60, 100 mg	120 tablets
oxycodone ER 10, 20, 40 mg	90 tablets
oxycodone ER 80 mg	120 tablets
OxyContin 10, 15, 20, 30, 40 mg	90 tablets
OxyContin 60, 80 mg	120 tablets
oxymorphone ER 7.5, 15 mg	90 tablets
pantoprazole (PA) 20, 40 mg	30 tablets
paroxetine 10, 40 mg	45 tablets
paroxetine 20, 30 mg	60 tablets
paroxetine CR 12.5 mg	30 tablets
paroxetine CR 25, 37.5 mg	60 tablets
Pataday*	5 mL
Patanase*	2 bottles
Patanol	10 mL
Paxil* (ST) 10, 40 mg	45 tablets
Paxil* (ST) 20, 30 mg	60 tablets
Paxil CR* (ST) 12.5 mg	30 tablets
Paxil CR* (ST) 25, 37.5 mg	60 tablets
Pegasys (PA) (SP)	4 vials or 1 package
PEG-Intron (PA) (SP)	4 syringes or pens
Penlac	1 bottle
Pexeva* (ST) 10, 40 mg	45 tablets
Pexeva* (ST) 20, 30 mg	60 tablets
Pravachol* (ST) 10, 20, 40, 80 mg	30 tablets

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Medication	Maximum Quantity per Rx
pravastatin 10, 20, 40, 80 mg	30 tablets
Prevacid (PA) 30 mg	30 capsules/solutabs
Prevpac patient pack	1 package (pkg. size 14)
Prilosec (PA) 2.5, 10, 20, 40 mg	30 capsules/suspension packs
Pristiq* (ST) 50, 100 mg	30 tablets
ProAir HFA 90 mcg/act	3 inhalers
Procrit (PA) (SP) 2,000, 3,000, 4,000, 10,000, 12 mL 20,000, 40,000 units/mL	
Procrit (PA) (SP) 20,000 units/mL	6 mL
Protonix (PA) 20, 40 mg	30 tablets/packets
Proventil HFA* 108 mcg/act	3 inhalers
Prozac* (ST) 10 mg capsule	30 capsules
Prozac* (ST) 10 mg tablet	45 tablets
Prozac* (ST) 20 mg	30 capsules
Prozac* (ST) 40 mg	60 capsules
Prozac Weekly* (ST) 90 mg	4 capsules
Pulmicort Flexhaler	2 inhalers
Pulmicort Respules 0.25, 0.5, 1 mg/2mL	70 ampules
Qualaquin	42 capsules
Qutenza (SP) 8%	4 patches
QVAR 40 mcg/act	2 inhalers
QVAR 80 mcg/act	1 inhalers
Rapiflux 20 mg	90 tablets
Rebif (SP)	15 syringes
Relpax (ST) 20, 40 mg	12 tablets
Remeron* 15 mg	45 tablets
Remeron* 7.5, 30, 45 mg	30 tablets
Remeron Soltab*	30 tablets
Restasis 0.05%	2 packages (64 units)
Rhinocort Aqua* 32 mcg/act 5mL	5 bottles
Rhinocort Aqua* 32 mcg/act 9mL	3 bottles
Ritalin LA* 10, 20 mg	30 capsules
Ritalin LA* 30, 40 mg	60 capsules
Rozerem* (ST) 8 mg	14 tablets
Sancuso* 3.1 mg/24hr	1 patch
Sarafem* (ST) 10, 20 mg	30 tablets
Selfemra 10, 20 mg	30 tablets
Serevent Diskus 50 mcg/dose	1 inhaler
sertraline 100 mg	60 tablets
sertraline 25, 50 mg	45 tablets
Silenor* (ST) 3, 6 mg	14 tablets
Simcor* (ST) 500 mg/20 mg	30 tablets
Simcor* (ST) 750/20, 1000/20 mg/mg	60 tablets
Simponi (PA) (SP) 50mg	1 syringe/autoinjector
simvastatin 5, 10, 20, 40, 80 mg	30 tablets
Sonata (ST) 5, 10 mg	14 capsules

Medication	Maximum Quantity per Rx
Spiriva HandiHaler (Pack of 30)	60 capsules
Spiriva HandiHaler (Pack of 6)	36 capsules
Sporanox* 100 mg	30 capsules
Strattera (PA) 40, 60 mg	60 tablets
Strattera (PA) 10, 18, 25, 80, 100 mg	30 tablets
Sumatriptan 25, 50, 100 mg	9 tablets
Sumatriptan 5, 20 mg	6 nasal spray devices
Sumatriptan syringe (injection)	1 kit (2 syringes)
Sumavel DosePro* 6 mg/0.5 mL	6 units
Symbicort Inhaler (ST)	2 inhalers
Symbyax 6/25, 6/50, 12/25, 12/50 mg/mg	30 capsules
terazosin 1, 5 mg	30 tablets/capsules
terazosin 2, 10 mg	60 tablets/capsules
terbinafine 250 mg	30 tablets
Terbinex*	1 kit
Treximet* (ST) 85 mg/500 mg	9 tablets
triamcinolone nasal spray	2 bottles
valacyclovir 500 mg, 1 gm	30 tablets
Valtrex 500 mg, 1 gm	30 tablets
venlafaxine ER capsules 150 mg	60 capsules
venlafaxine ER capsules 37.5, 75 mg	30 capsules
venlafaxine ER tablets* (ST) 37.5, 75, 225 mg	30 tablets
venlafaxine ER tablets* (ST) 150 mg	60 tablets
Ventolin HFA* 90 mcg/act	3 inhalers
Veramyst*	2 bottles
Vigamox 0.5%	3 mL
Viibryd* (ST) 10, 20, 40 mg	30 tablets
Vivelle	8 patches
Vivelle-Dot	8 patches
Vytorin* (ST) 10/10, 10/20, 10/40, 10/80 mg/mg	30 tablets
Vyvanase* 20, 30, 40, 50, 60, 70 mg	30 capsules
Wellbutrin SR* (ST) 100, 150, 200 mg	60 tablets
Wellbutrin XL* (ST) 150, 300 mg	30 tablets
Xopenex HFA Inhaler*	3 inhalers
Zaleplon 5, 10 mg	14 capsules
Zegerid (PA) 40 mg	30 capsules/packets
Zetia (ST) 10 mg	30 tablets
Zocor* (ST) 5, 10, 20, 40, 80 mg	30 tablets
Zofran* 24 mg	1 tablet
Zofran/ODT* 4, 8 mg	24 tablets/orally disintegrating tablets
Zofran solution* 4 mg/5 mL	150 mL
Zoloft* (ST) 100 mg	60 tablets
Zoloft* (ST) 25, 50 mg	45 tablets
Zolpidem 5, 10 mg	14 tablets
Zolpidem ER 6.25, 12.5 mg	14 tablets

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Medication	Maximum Quantity per Rx
Zolpimist* (ST)	7.7 mL (1 package)
Zomig (ST) nasal spray 5 mg	6 nasal spray devices
Zomig (ST) 2.5 mg	12 tablets
Zomig (ST) 5 mg	9 tablets
Zomig-ZMT (ST) 2.5 mg	12 tablets
Zomig-ZMT (ST) 5 mg	9 tablets
Zuplenz* 4, 8 mg	24 film strips
Zymar 0.3%	3 mL
Zymaxid* 0.5%	2.5 mL

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