Medical Policy
Liver Transplant and Combined Liver-Kidney Transplant

Table of Contents
- Policy: Commercial
- Policy: Medicare
- Authorization Information
- Coding Information
- Description
- Policy History
- Information Pertaining to All Policies
- References
- Endnotes

Policy Number: 198
BCBSA Reference Number: 7.03.06
NCD/LCD: National Coverage Determination (NCD) for Adult Liver Transplantation (260.1)

Related Policies
None

Policy
Commercial Members: Managed Care (HMO and POS), PPO, and Indemnity

A liver transplant using a cadaver or living donor may be considered MEDICALLY NECESSARY for carefully selected patients with end-stage liver failure due to irreversibly damaged livers.

Etiologies of end-stage liver disease include, but are not limited to, the following:

A. Hepatocellular diseases
   - Alcoholic liver disease
   - Viral hepatitis (either A, B, C, or non-A, non-B)
   - Autoimmune hepatitis
   - Alpha-1 antitrypsin deficiency
   - Hemochromatosis
   - Nonalcoholic steatohepatitis
   - Protoporphyria
   - Wilson’s disease

B. Cholestatic liver diseases
   - Primary biliary cirrhosis
   - Primary sclerosing cholangitis with development of secondary biliary cirrhosis
   - Biliary atresia

C. Vascular disease
   - Budd-Chiari Syndrome

D. Primary hepatocellular carcinoma
E. Inborn errors of metabolism

F. Trauma and toxic reactions

G. Miscellaneous
- Familial amyloid polyneuropathy
- Amyloidosis
- Cryptogenic cirrhosis
- End-stage liver disease in children
- Familial cholestasis
- Intrahepatic bile duct paucity (Alagill’s syndrome).

Liver transplantation may be considered MEDICALLY NECESSARY in patients with polycystic disease of the liver who have massive hepatomegaly causing obstruction or functional impairment. One of the following complications should be present:
- Enlargement of liver impinging on respiratory function
- Extremely painful enlargement of liver
- Enlargement of liver significantly compressing and interfering with function of other abdominal organs.

Liver transplantation may be considered MEDICALLY NECESSARY in patients with unresectable hilar cholangiocarcinoma.

Liver transplantation may be considered MEDICALLY NECESSARY in pediatric patients with nonmetastatic hepatoblastoma.

Liver retransplantation may be considered MEDICALLY NECESSARY in patients with:
- Primary graft nonfunction
- Hepatic artery thrombosis
- Chronic rejection
- Ischemic type biliary lesions after donation after cardiac death
- Recurrent non-neoplastic disease causing late graft failure.

Combined liver-kidney transplantation may be considered MEDICALLY NECESSARY in patients who qualify for liver transplantation and have advanced irreversible kidney disease.

Liver transplantation is INVESTIGATIONAL in the following situations:
- Patients with intrahepatic cholangiocarcinoma
- Patients with neuroendocrine tumors metastatic to the liver.

Liver transplantation is considered NOT MEDICALLY NECESSARY in the following patients:
- Patients with hepatocellular carcinoma that has extended beyond the liver
- Patients with ongoing alcohol and/or drug abuse. (Evidence for abstinence may vary among liver transplant programs, but generally a minimum of 3 months is required.)

Liver transplantation is INVESTIGATIONAL in all other situations not described above.

In addition to the above information, we do not cover liver transplantation when any of the following conditions are present:
- Known current malignancy, including metastatic cancer
- Recent malignancy with high risk of recurrence
  - Note: the assessment of risk of recurrence for a previously treated malignancy is made by the transplant team; providers must submit a statement with an explanation of why the patient with a recently treated malignancy is an appropriate candidate for a transplant.
- Untreated systemic infection making immunosuppression unsafe, including chronic infection
- Other irreversible end-stage disease not attributed to liver disease
- History of cancer with a moderate risk of recurrence
- Systemic disease that could be exacerbated by immunosuppression
- Psychosocial conditions or chemical dependency affecting ability to adhere to therapy
  - Patients with liver disease related to alcohol or drug abuse must be actively involved in a substance abuse treatment program (e.g. weekly meetings such as Alcoholics Anonymous, partial or full day programs or inpatient programs).

**Medicare HMO Blue℠ and Medicare PPO Blue℠ Members**

Medical necessity criteria and coding guidance can be found through the link(s) below.

**National Coverage Determinations (NCDs)**

National Coverage Determination (NCD) for Adult Liver Transplantation (260.1)

**Note:** To review the specific NCD, please remember to click “accept” on the CMS licensing agreement at the bottom of the CMS webpage.

**Prior Authorization Information**

**Inpatient**
- For services described in this policy, precertification/preauthorization **IS REQUIRED** for all products if the procedure is performed **inpatient**.

**Outpatient**
- For services described in this policy, see below for products where prior authorization **might be required** if the procedure is performed **outpatient**.

<table>
<thead>
<tr>
<th>Outpatient</th>
</tr>
</thead>
<tbody>
<tr>
<td>Commercial Managed Care (HMO and POS)</td>
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<tr>
<td>Commercial PPO and Indemnity</td>
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<tr>
<td>Medicare HMO Blue℠</td>
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<td>Medicare PPO Blue℠</td>
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</tbody>
</table>

**CPT Codes / HCPCS Codes / ICD Codes**

*Inclusion or exclusion of a code does not constitute or imply member coverage or provider reimbursement. Please refer to the member’s contract benefits in effect at the time of service to determine coverage or non-coverage as it applies to an individual member.*

*Providers should report all services using the most up-to-date industry-standard procedure, revenue, and diagnosis codes, including modifiers where applicable.*

*The following codes are included below for informational purposes only; this is not an all-inclusive list.*

The above **medical necessity criteria MUST** be met for the following codes to be covered for Commercial Members: Managed Care (HMO and POS), PPO, and Indemnity:

**CPT Codes**

<table>
<thead>
<tr>
<th>CPT codes:</th>
<th>Code Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>47135</td>
<td>Liver allotransplantation; orthotopic, partial or whole, from cadaver or living donor, any age</td>
</tr>
</tbody>
</table>
ICD-10 Procedure Codes

<table>
<thead>
<tr>
<th>ICD-10-PCS procedure codes:</th>
<th>Code Description</th>
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<tbody>
<tr>
<td>0FB03ZZ</td>
<td>Excision of Liver, Percutaneous Approach</td>
</tr>
<tr>
<td>0FB00ZZ</td>
<td>Excision of Liver, Open Approach</td>
</tr>
<tr>
<td>0FB04ZZ</td>
<td>Excision of Liver, Percutaneous Endoscopic Approach</td>
</tr>
<tr>
<td>0FB10ZZ</td>
<td>Excision of Right Lobe Liver, Open Approach</td>
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<td>Excision of Right Lobe Liver, Percutaneous Approach</td>
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<tr>
<td>0FT00ZZ</td>
<td>Resection of Liver, Open Approach</td>
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<tr>
<td>0FY00Z0</td>
<td>Transplantation of Liver, Allogeneic, Open Approach</td>
</tr>
<tr>
<td>0FY00Z1</td>
<td>Transplantation of Liver, Syngeneic, Open Approach</td>
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Description
Liver transplantation

Recipients
Liver transplantation is now routinely performed as a treatment of last resort for patients with end-stage liver disease. Liver transplantation may be performed with liver donation after a brain or cardiac death or with a liver segment donation from a living donor. Patients are prioritized for transplant by mortality risk and severity of illness criteria developed by Organ Procurement and Transplantation Network and United Network of Organ Sharing. The liver allocation system adopted included the Model for End-stage Liver Disease (MELD) and Pediatric End-stage Liver Disease (PELD) scales. Scoring on the MELD and PELD uses a continuous disease severity scale based entirely on objective laboratory values. In 2013, the Organ Procurement and Transplantation Network and United Network of Organ Sharing updated its allocation system. Status 1A patients have an acute liver failure with a life expectancy of fewer than seven days without a liver transplant. Status 1A patients also include primary graft nonfunction, hepatic artery thrombosis, and acute Wilson disease. Status 1A patients must be recertified every seven days. Status 1B patients are pediatric patients (age range, 0-17 years) with chronic liver disease, which may include the following: fulminant liver failure, primary nonfunction, hepatic artery thrombosis, acute decompensated Wilson disease, chronic liver disease; and nonmetastatic hepatoblastoma. Pediatric patients move to status 1A at age 18 but still qualify for pediatric indications.

Following status 1, donor livers are prioritized to those with the highest scores on MELD or PELD. These scales have been found to be highly predictive of the risk of dying from liver disease for patients waiting on the transplant list. The MELD score incorporates bilirubin, prothrombin time (ie, international normalized ratio), and creatinine into an equation, producing a number that ranges from 6 to 40. The PELD score incorporates albumin, bilirubin, INR growth failure, and age at the listing. Waiting time will only be used to break ties among patients with the same MELD or PELD score and blood type compatibility. Status seven describes patients who are temporarily inactive on the transplant waiting list due to being temporarily unsuitable for transplantation. Pediatric patients who turn 18 are status X.

Donors
Due to the scarcity of donor livers, a variety of strategies have been developed to expand the donor pool. For example, a split graft refers to dividing a donor liver into two segments that can be used for two recipients. Living donor liver transplantation (LDLT) is now commonly performed for adults and children from a related or unrelated donor. Depending on the graft size needed for the recipient, either the right lobe, left lobe, or the left lateral segment can be used for LDLT. In addition to addressing the problem of donor organ scarcity, LDLT allows the procedure to be scheduled electively before the recipient's
condition deteriorates or serious complications develop. LDLT also shortens the preservation time for the donor liver and decreases disease transmission from donor to recipient.

Management
Management of acute rejection of liver transplant using either intravenous immunoglobulin or plasmapheresis is discussed separately policy #466 and policy #310. Also, the role of chemoembolization or radiofrequency ablation as a bridge to transplant in patients with hepatocellular cancer is addressed separately in policy #634 and policy #292.

Summary
Liver transplantation is currently the treatment of last resort for patients with end-stage liver disease. Liver transplantation may be performed with a liver donation after a brain or cardiac death or with a liver segment donation from a living donor. Patients are prioritized for transplant by mortality risk and severity of illness criteria developed by the Organ Procurement and Transplantation Network and the United Network of Organ Sharing. The severity of illness is determined by the Model for End-stage Liver Disease and Pediatric End-stage Liver Disease scores.

For individuals who have a hepatocellular disease who receive a liver transplant, the evidence includes case series, registry studies, and systematic reviews. The relevant outcomes include overall survival (OS), morbid events, and treatment-related morbidity and mortality. Studies on liver transplantation for viral hepatitis have found that survival is lower than for other liver diseases. Although these statistics raise questions about the most appropriate use of a scarce resource (donor livers), the long-term survival rates are significant in a group of patients who have no other treatment options. Also, survival can be improved by the eradication of the hepatitis virus before transplantation. For patients with nonalcoholic steatohepatitis, OS rates have been shown to be similar to other indications for liver transplantation. The evidence is sufficient to determine that the technology results in a meaningful improvement in the net health outcome.

For individuals who have primary hepatocellular carcinoma who receive a liver transplant, the evidence includes systematic reviews of observational studies. The relevant outcomes include OS, morbid events, and treatment-related morbidity and mortality. In the past, long-term outcomes in patients with primary hepatocellular malignancies had been poor (19%) compared with the OS of liver transplant recipients. However, the recent use of standardized patient selection criteria (eg, the Milan criteria diameter) has dramatically improved OS rates. In the appropriately selected patients, a liver transplant has been shown to result in higher survival rates than resection. In patients who present with unresectable organ-confined disease, transplant represents the only curative approach. The evidence is sufficient to determine that the technology results in a meaningful improvement in the net health outcome.

For individuals who have extrahepatic cholangiocarcinoma who receive a liver transplant, the evidence includes systematic reviews of observational studies. The relevant outcomes include OS, morbid events, and treatment-related morbidity and mortality. For patients with extrahepatic (hilar or perihilar) cholangiocarcinoma who are treated with adjuvant chemotherapy, survival rates have been reported as high as 76%. The evidence is sufficient to determine that the technology results in a meaningful improvement in the net health outcome.

For individuals who have metastatic neuroendocrine tumors who receive a liver transplant, the evidence includes systematic reviews of case series. The relevant outcomes include OS, morbid events, and treatment-related morbidity and mortality. In select patients with nonresectable, hormonally active liver metastases refractory to medical therapy, liver transplantation has been considered as an option to extend survival and minimize endocrine symptoms. While some centers may perform liver transplants on
select patients with neuroendocrine tumors, the available studies are limited by their heterogeneous populations. Further studies are needed to determine the appropriate selection criteria. The evidence is insufficient to determine the effects of the technology on health outcomes.

For individuals who have pediatric hepatoblastoma who receive a liver transplant, the evidence includes case series. The relevant outcomes include OS, morbid events, and treatment-related morbidity and mortality. The literature on liver transplantation for pediatric hepatoblastoma is limited but case series have demonstrated good outcomes and high rates of long-term survival. Additionally, nonmetastatic pediatric hepatoblastoma is among in United Network for Organ Sharing criteria for patients eligible for liver transplantation. The evidence is sufficient to determine that the technology results in a meaningful improvement in the net health outcome.

For individuals who have a failed liver transplant who receive a liver retransplant, the evidence includes observational studies. The relevant outcomes include OS, morbid events, and treatment-related morbidity and mortality. Case series have demonstrated favorable outcomes with liver retransplantation in certain populations, such as when criteria for original liver transplantation are met for retransplantation. While some evidence has suggested outcomes after retransplantation may be less favorable than for initial transplantation in some patients, long-term survival benefits have been demonstrated. The evidence is sufficient to determine that the technology results in a meaningful improvement in the net health outcome. For individuals with indications for liver and kidney transplant who receive a combined liver-kidney transplant, the evidence includes registry studies. The relevant outcomes include OS, morbid events, and treatment-related morbidity and mortality. Most of the evidence involves adults with cirrhosis and kidney failure. Indications for combined liver-kidney transplant in children are rare and often congenital and include liver-based metabolic abnormalities affecting the kidney, along with structural diseases affecting both the liver and kidney. In both adults and children, comparisons with either liver or kidney transplantation alone would suggest that combined liver-kidney transplant is no worse, and possibly better, for graft and patient survival. The evidence is sufficient to determine that the technology results in a meaningful improvement in the net health outcome.

Liver transplant is an accepted treatment of end-stage liver disease that provides a survival benefit in appropriately selected patients and may be considered medically necessary for the indications listed in the Policy section and inpatients otherwise meeting United Network of Organ Sharing criteria. Liver transplantation is investigational in patients in whom the procedure is expected to be futile due to comorbid disease or in whom posttransplantation care is expected to worsen comorbid conditions significantly. Based on survival data, transplantation in patients with hilar cholangiocarcinoma who meet strict eligibility criteria may be considered medically necessary; transplantation for neuroendocrine tumors metastatic to the liver is considered investigational. Clinical vetting supported retransplantation following primary graft nonfunction, hepatic artery thrombosis, ischemic biliary injury after donation after cardiac death, chronic rejection, or certain recurrent non-neoplastic diseases resulting in end-stage liver failure in a primary transplant. As a result, retransplantation after initially failed liver transplant may be considered medically necessary in these situations.

### Policy History

<table>
<thead>
<tr>
<th>Date</th>
<th>Action</th>
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<tbody>
<tr>
<td>4/2016</td>
<td>Policy statement on psychosocial conditions or chemical dependency affecting ability to adhere to therapy clarified. 4/1/2016</td>
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<tr>
<td>1/2016</td>
<td>Medical policy criteria clarified. Clarified coding information. 1/1/2016</td>
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<td>Date</td>
<td>Action Description</td>
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<tr>
<td>11/2015</td>
<td>Added coding language.</td>
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<tr>
<td>3/2015</td>
<td>New references added from BCBSA National medical policy.</td>
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<tr>
<td>6/2014</td>
<td>Updated Coding section with ICD10 procedure and diagnosis codes, Effective 10/2015.</td>
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<td>12/2013</td>
<td>Removed ICD-9 diagnosis codes as the policy requires prior authorization.</td>
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<tr>
<td>2/2009</td>
<td>BCBSA National medical policy review. No changes to policy statements.</td>
</tr>
<tr>
<td>8/2007</td>
<td>BCBSA National medical policy review. No changes to policy statements.</td>
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Information Pertaining to All Blue Cross Blue Shield Medical Policies

Click on any of the following terms to access the relevant information:
- Medical Policy Terms of Use
- Managed Care Guidelines
- Indemnity/PPO Guidelines
- Clinical Exception Process
- Medical Technology Assessment Guidelines

References


Endnotes

1 Based on expert opinion, NEMCI