



MASSACHUSETTS

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## Medical Policy

### Transrectal Ultrasound of the Prostate

#### Table of Contents

- [Policy: Commercial](#)
- [Policy: Medicare](#)
- [Authorization Information](#)
- [Coding Information](#)
- [Description](#)
- [Policy History](#)
- [Information Pertaining to All Policies](#)

#### Policy Number: 680

BCBSA Reference Number: 6.01.08A

NCD/LCD: Local Coverage Determination (LCD): Transrectal Ultrasound (L33578)

#### Related Policies

Transrectal Ultrasound for Staging Rectal Cancer, #[679](#)

#### Policy

##### Commercial Members: Managed Care (HMO and POS), PPO, and Indemnity

Transrectal ultrasound may be considered **MEDICALLY NECESSARY** for the following prostatic conditions:

- Local staging of prostate cancer in patients with established diagnosis of prostate cancer
- Monitoring of response to therapy in patients with prostate cancer
- Measuring size/ volume of prostate tissue prior to radiation therapy
- Evaluation of prostate for finding foci of possible cancerous tissue in asymptomatic patient with normal digital rectal examination (DRE) but elevated PSA levels
- Abnormal gland upon exam such as palpable nodules or asymmetry, or in BPH patients as preoperative assessment for covered therapeutic procedures
- Examination of seminal vesicles in patients being evaluated for infertility
- Evaluation of suspected prostatitis or prostatic abscess
- Congenital and acquired cystic conditions of prostate, seminal vesicles, and related tissue.

Transrectal ultrasound may be considered **MEDICALLY NECESSARY** for ultrasonographic guidance of prostatic needle biopsy, for obtaining prostatic tissue for pathologic examination.

Transrectal ultrasound is **INVESTIGATIONAL** for conditions not listed above.

##### Medicare HMO Blue<sup>SM</sup> and Medicare PPO Blue<sup>SM</sup> Members

Medical necessity criteria and coding guidance for **Medicare Advantage members living in Massachusetts** can be found through the link(s) below.

[Local Coverage Determinations \(LCDs\) for National Government Services, Inc.](#)

Local Coverage Determination (LCD): Transrectal Ultrasound (L33578)

**Note:** To review the specific LCD, please remember to click “accept” on the CMS licensing agreement at the bottom of the CMS webpage.

For medical necessity criteria and coding guidance for **Medicare Advantage members living outside of Massachusetts**, please see the Centers for Medicare and Medicaid Services website at <https://www.cms.gov> for information regarding your specific jurisdiction.

## Prior Authorization Information

### Inpatient

- For services described in this policy, precertification/preauthorization **IS REQUIRED** for all products if the procedure is performed **inpatient**.

### Outpatient

- For services described in this policy, see below for products where prior authorization **might be required** if the procedure is performed **outpatient**.

	Outpatient
Commercial Managed Care (HMO and POS)	Prior authorization is <b>not required</b> .
Commercial PPO and Indemnity	Prior authorization is <b>not required</b> .
Medicare HMO Blue <sup>SM</sup>	Prior authorization is <b>not required</b> .
Medicare PPO Blue <sup>SM</sup>	Prior authorization is <b>not required</b> .

## CPT Codes / HCPCS Codes / ICD-9 Codes

*Inclusion or exclusion of a code does not constitute or imply member coverage or provider reimbursement. Please refer to the member’s contract benefits in effect at the time of service to determine coverage or non-coverage as it applies to an individual member.*

*Providers should report all services using the most up-to-date industry-standard procedure, revenue, and diagnosis codes, including modifiers where applicable.*

*The following codes are included below for informational purposes only; this is not an all-inclusive list.*

The above **medical necessity criteria MUST** be met for the following codes to be covered for **Commercial Members: Managed Care (HMO and POS), PPO, and Indemnity:**

### CPT Codes

CPT codes:	Code Description
76872	Ultrasound, transrectal;
76942	Ultrasonic guidance for needle placement (eg, biopsy, aspiration, injection, localization device), imaging supervision and interpretation

## Description

Transrectal ultrasound is a diagnostic imaging procedure used in the diagnosis, staging, and management of malignant diseases of the prostate. It is also used to screen for prostate cancer. Instrumentation consists of a transducer (probe), which is inserted into the rectum, a radial and/or linear scanner, and an imaging screen.

## Policy History

Date	Action
1/2015	Medical policy remediation: Formatting, editing and coding updates. Language transferred from medical policy #007, Ultrasounds.

7/2011	Reviewed - Medical Policy Group - Hematology and Oncology. No changes to policy statements.
9/2010	Reviewed - Medical Policy Group - Hematology and Oncology. No changes to policy statements.
9/2009	Reviewed - Medical Policy Group - Hematology and Oncology. No changes to policy statements.
10/2008	Reviewed - Medical Policy Group - Hematology and Oncology. No changes to policy statements.
9/2007	Reviewed - Medical Policy Group - Hematology and Oncology. No changes to policy statements.

### **Information Pertaining to All Blue Cross Blue Shield Medical Policies**

Click on any of the following terms to access the relevant information:

[Medical Policy Terms of Use](#)

[Managed Care Guidelines](#)

[Indemnity/PPO Guidelines](#)

[Clinical Exception Process](#)

[Medical Technology Assessment Guidelines](#)