

Top 10 Questions to Ask About Mammograms

When scheduling your mammogram, ask your provider these top 10 questions to get 100% informed about the procedure. Your doctor's office will be able to answer all of your questions.

If you don't have a doctor, use our online <u>tool</u> to find one. To learn more about preventive screenings for healthy adults, visit our <u>website</u>.

If you have additional questions about your coverage for a mammogram, call the Member Service number on your ID card.

What kind of mammogram do I need?
2. What if I have a family history of breast cancer but have no symptoms myself?
3. Do I need a referral?
4. If the mammogram detects something unusual, what happens next?
5. If the mammogram is normal, do I ever need to get another one, and if so, when?
6. If I have questions about the results, who can explain them to me?
7. What do I need to do to prepare for the mammogram?
8. How long will the screening take?
9. When will I learn the results?
10. How will the results be communicated to me?

Blue Cross Blue Shield of Massachusetts complies with applicable federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, sex, sexual orientation or gender identity.

ATTENTION: If you don't speak English, language assistance services, free of charge, are available to you. Call Member Service at the number on your ID Card (TTY: 711).

ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia con el idioma. Llame al número de Servicio al Cliente que figura en su tarjeta de identificación (TTY: 711).

ATENÇÃO: Se fala português, são-lhe disponibilizados gratuitamente serviços de assistência de idiomas. Telefone para os Serviços aos Membros, através do número no seu cartão ID (TTY: 711).