

Medicare PPO Blue<sup>sm</sup> SaverRx (PPO) Medicare PPO Blue<sup>sm</sup> ValueRx (PPO) Medicare PPO Blue<sup>sm</sup> PlusRx (PPO)

# **2020 SUMMARY OF BENEFITS** H2230 PLANS 017, 018, 002

Blue Cross Blue Shield of Massachusetts is an Independent Licensee of the Blue Cross and Blue Shield Association. H2230\_1986\_M



This booklet gives you a summary of drug and health services covered by Medicare PPO Blue SaverRx (PPO), Medicare PPO Blue ValueRx (PPO), and Medicare PPO Blue PlusRx (PPO) and what you pay.

# This information is not a complete description of benefits. Call 1-800-200-4255 (TTY: 711) for more information.

To get a complete list of services we cover, call our Member Service department and ask for the "Evidence of Coverage." You can also access the "Evidence of Coverage" online at our website, www.bluecrossma.com/medicare-options.



# **SUMMARY OF BENEFITS**

#### January 1, 2020 - December 31, 2020

This booklet gives you a summary of drug and health services covered by Medicare PPO Blue SaverRx (PPO), Medicare PPO Blue ValueRx (PPO), and Medicare PPO Blue PlusRx (PPO) and what you pay. It doesn't list every service that we cover or list every limitation or exclusion. To get a complete list of services we cover, call our Member Service department and ask for the "Evidence of Coverage." You can also access the "Evidence of Coverage" online at our website, www.bluecrossma.com/medicare-options.

#### You have choices about how to get your Medicare benefits

- One choice is to get your Medicare benefits through Original Medicare (feefor-service Medicare). Original Medicare is run directly by the Federal government.
- Another choice is to get your Medicare benefits by joining a Medicare health plan (such as Medicare PPO Blue SaverRx (PPO), Medicare PPO Blue ValueRx (PPO),or Medicare PPO Blue PlusRx (PPO).

#### Tips for comparing your Medicare choices

This Summary of Benefits booklet gives you a summary of what Medicare PPO Blue SaverRx (PPO), Medicare PPO Blue ValueRx (PPO), and Medicare PPO Blue PlusRx (PPO) cover and what you pay.

 If you want to compare our plan with other Medicare health plans, ask the other plans for their Summary of Benefits booklets. Or, use the Medicare Plan Finder on http://www.medicare.gov. If you want to know more about the coverage and costs of Original Medicare, look in your current "Medicare & You" handbook. View it online at http://www.medicare.gov or get a copy by calling 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week.
 TTY users should call 1-877-486-2048.

#### Sections in this booklet

- Things to Know About Medicare PPO Blue SaverRx (PPO), Medicare PPO Blue ValueRx (PPO), and Medicare PPO Blue PlusRx (PPO)
- Monthly Premium, Deductible, and Limits on How Much You Pay for Covered Services
- Covered Medical and Hospital Benefits
- Prescription Drug Benefits

This document is available in other formats such as Braille and large print.

This document may be available in a non-English language. For additional information, call member services at the number shown in the next section.

# THINGS TO KNOW ABOUT

Medicare PPO Blue SaverRx (PPO)

#### Medicare PPO Blue ValueRx (PPO)

#### Medicare PPO Blue PlusRx (PPO)

Contact Information and Hours of Operation		
Members		
October 1 - March 31 1-800-200-4255 (TTY: 711) 8:00 a.m. to 8:00 p.m., 7 days a week	April 1 - September 30 1-800-200-4255 (TTY: 711) 8:00 a.m. to 8:00 p.m., 5 days a week, Monday - Friday	
If you call after business hours, you may leave a	message that includes your name, phone number and the time	

If you call after business hours, you may leave a message that includes your name, phone number and the time you called, and a representative will return your call no later than one business day after you leave a message. Member Services also has free language interpreter services available for non-English speakers.

#### **Non-Members**

October 1 - March 31	April 1 - September 30
1-800-678-2265 (TTY: 711)	1-800-678-2265 (TTY: 711)
8:00 a.m. to 8:00 p.m., 7 days a week	8:00 a.m. to 8:00 p.m., 5 days a week, Monday - Friday

Our website: www.bluecrossma.com/medicare-options

### Who can join?

To join Medicare PPO Blue SaverRx (PPO), Medicare PPO Blue ValueRx (PPO), or Medicare PPO Blue PlusRx (PPO), you must be entitled to Medicare Part A, be enrolled in Medicare Part B, and live in our service area. You must continue to pay your Medicare Part B premium.

Our service area includes the following counties in Massachusetts: Barnstable, Bristol, Essex, Franklin, Hampden, Hampshire, Middlesex, Norfolk, Plymouth, Suffolk, and Worcester.

### Which doctors, hospitals, and pharmacies can I use?

Medicare PPO Blue SaverRx (PPO), Medicare PPO Blue ValueRx (PPO), and Medicare PPO Blue PlusRx (PPO) have a network of doctors, hospitals, pharmacies, and other providers. If you use the providers in our network, you may pay less for your covered services. But if you want to, you can also use providers that are not in our network. Depending on your plan, you may pay more if you use providers that are not in our network. Out-of-network/non-contracted providers are under no obligation to treat Medicare PPO Blue SaverRx (PPO), Medicare PPO Blue ValueRx (PPO) and Medicare PPO Blue PlusRx (PPO) members, except in emergency situations. For a decision about whether we will cover an out-of-network service, we encourage you or your provider to ask us for a preservice organization determination before you receive the service. Please call our member service number or see your Evidence of Coverage for more information, including the cost sharing that applies to out-of-network services.

- You must generally use network pharmacies to fill your prescriptions for covered Part D drugs.
- You can see our plan's provider directory at our website (www.bluecrossma.com/ medicare-options).
- You can see our plan's pharmacy directory at our website (www. bluecrossma.com/pharmacyfinder).
- Or, call us and we will send you a copy of the provider and pharmacy directories. The pharmacy network, and/or provider network may change at any time. You will receive notice when necessary.

### What do we cover?

Like all Medicare health plans, we cover everything that Original Medicare covers and more.

 Our plan members get all of the benefits covered by Original Medicare. For some of these benefits, you may pay more in our plan than you would in Original Medicare. For others, you may pay less.

- Our plan members also get more than what is covered by Original Medicare. Some of the extra benefits are outlined in this booklet.
- Plans may offer supplemental benefits in addition to Part C benefits and Part D benefits.

We cover Part D drugs. In addition, we cover Part B drugs such as chemotherapy and some drugs administered by your provider.

- You can see the complete plan formulary (list of Part D prescription drugs) and any restrictions on our website, www. bluecrossma.com/medicare-options.
- Or, call us and we will send you a copy of the formulary. The formulary may change at any time. You will receive notice when necessary.

# How will I determine my drug costs?

Our plan groups each medication into one of five "tiers." You will need to use your formulary to locate what tier your drug is on to determine how much it will cost you. The amount you pay depends on the drug's tier and what stage of the benefit you have reached. Later in this document we discuss the benefit stages that occur after you meet your deductible: Initial Coverage, Coverage Gap, and Catastrophic Coverage.

Blue Cross Blue Shield of Massachusetts is an HMO and PPO Plan with a Medicare contract. Enrollment in Blue Cross Blue Shield of Massachusetts depends on contract renewal.

# **SUMMARY OF BENEFITS:**

#### January 1, 2020 - December 31, 2020

	Medicare PPO Blue SaverRx (PPO)	Medicare PPO Blue ValueRx (PPO)	Medicare PPO Blue PlusRx (PPO)
Monthly Plan Premium	Barnstable, Bristol, Essex, Franklin, Hampden, Hampshire, Middlesex, Norfolk, Plymouth, Suffolk counties: <b>\$0 per month</b> Worcester County: <b>\$0 per month</b>	Barnstable, Bristol, Essex, Franklin, Hampden, Hampshire, Middlesex, Norfolk, Plymouth, Suffolk counties: <b>\$76 per month</b> Worcester County: <b>\$86 per month</b>	Barnstable, Bristol, Essex, Franklin, Hampden, Hampshire, Middlesex, Norfolk, Plymouth, Suffolk counties: <b>\$262 per month</b> Worcester County: <b>\$262 per month</b>
	You must continue to pay yo	ur Medicare Part B premium.	1
Deductibles	·		
Medical:	These plans do not have a m	nedical deductible.	
Prescription Drugs:	\$405 per year for Tiers 3, 4, 5	\$320 per year for Tiers 3, 4, 5	\$200 per year for Tiers 3, 4, 5
	Your yearly limit(s) in this plan:	Your yearly limit(s) in this plan:	Your yearly limit(s) in this plan:
Maximum Out-of-Pocket	\$6,700 for services you receive from in-network providers.	\$4,900 for services you receive from in-network providers.	\$3,400 for services you receive from in-network providers.
Responsibility (does not include costs related to prescription	\$6,700 for services you receive from any provider.	\$4,900 for services you receive from any provider.	\$5,100 for services you receive from any provider.
drugs)	If you reach the limit on out-of-pocket costs, you keep getting covered hospital and medical services and we will pay the full cost for the rest of the year.		
Please note that you will still need to pay your Medicare Part B premium, premium, and any cost-sharing for your Part D prescription drugs.			

	Medicare PPO Blue	Medicare PPO Blue	Medicare PPO Blue
	SaverRx (PPO)	ValueRx (PPO)	PlusRx (PPO)
	Our plan covers an	Our plan covers an	Our plan covers an
	unlimited number	unlimited number of	unlimited number of
	of days for an inpatient	days for an inpatient	days for an inpatient
	hospital stay.	hospital stay.	hospital stay.
	In-network:	In-network:	In-network:
	\$350 copay per day	\$250 copay per day	\$150 copay per day
	for days 1 through 5	for days 1 through 5	for days 1 through 5
	You pay nothing per day for days 6 through 90	You pay nothing per day for days 6 through 90	You pay nothing per day for days 6 through 90
Inpatient Hospital Coverage	You pay nothing per day for days 91 and beyond	You pay nothing per day for days 91 and beyond	You pay nothing per day for days 91 and beyond
nospital coverage	Out-of-network:	Out-of-network:	Out-of-network:
	\$350 copay per day	\$250 copay per day	20% of the cost per stay
	for days 1 through 5	for days 1 through 5	Per admission benefit.
	You pay nothing per day for days 6 through 90	You pay nothing per day for days 6 through 90	
	You pay nothing per day for days 91 and beyond	You pay nothing per day or days 91 and beyond	
	Per admission benefit.	Per admission benefit.	
		Authorization rules may apply	/
	In-network:	In-network:	In-Network:
	\$300/visit	\$225/visit	\$150/visit
Outpatient	Out-of-network:	Out-of-network:	Out-of-network:
Hospital Coverage	\$300/visit	\$225/visit	20% of the total cost
		Authorization rules may apply	V
	In-network:	In-network:	In-Network:
	\$300/visit	\$225/visit	\$150/visit
Ambulatory Surgery	Out-of-network:	Out-of-network:	Out-of-network:
Center	\$300/visit	\$225/visit	20% of the total cost
	Authorization rules may apply		
Doctor's Office Visits			
Primary Care	In-network:	In-network:	In-network:
	\$25 copay	\$20 copay	\$15 copay
Physician:	Out-of-network:	Out-of-network:	Out-of-network:
	\$25 copay	\$20 copay	\$45 copay

	Medicare PPO Blue SaverRx (PPO)	Medicare PP ValueRx (PPC		Medicare PPO Blue PlusRx (PPO)	
	In-network: \$45 copay	<b>In-network:</b> \$40 copay		In-network: \$35 copay	
Specialist:	Out-of-network: \$45 copay	Out-of-netwo \$40 copay	ork:	Out-of-network: \$45 copay	
		Authorization r	rules may appl	у	
	You pay nothing	You pay nothi	ing	In-network: You pay nothing Out-of-network: \$45 copay or 20% of the cost, depending on the service	
	Our plans cover many pr	eventive services	, including:		
	Abdominal aortic aneurysm screening     Prostate ca		ancer screenings (PSA)		
	Alcohol misuse counse	cohol misuse counseling		<ul> <li>Sexually transmitted infections</li> </ul>	
	Bone mass measureme	Bone mass measurement		screening and counseling	
	Breast cancer screenin (mammogram)	• Cardiovascular disease (behavioral therapy)		se cessation counseling g for people with no sign -related disease)	
Preventive Care	Cardiovascular disease     (behavioral therapy)			oneumococcal shots, shots (limitations may apply)	
	Cardiovascular screeni	ngs		to Medicare" preventive visit	
	Cervical and vaginal ca	incer screening	(one-time)		
	Lung cancer screening			<ul> <li>Yearly "Wellness" visit</li> </ul>	
	Colorectal cancer scree	<ul> <li>(low dose computed tomography (LDCT))</li> <li>Colorectal cancer screenings (Colonoscopy, Fecal occult blood test, Elavible sigmaidascenuit)</li> </ul>		Any additional preventive services approved by Medicare during the contrac year will be covered.	
	Depression screening	)	Authorization rules may apply		
	<ul> <li>Depression screening</li> <li>Diabetes screenings</li> </ul>			or a supplemental annual n. Includes a detailed	
	HIV screening		medical/fami	ly history and a head to toe	
	Medical nutrition therap	oy services		with hands-on examination vstems to assess overall	
	Obesity screening and		general healt		

\*If any other medical condition including polyp or other tissue is found and removed during the procedure this would be considered minimally invasive surgery. Refer to the Outpatient Surgery category for appropriate member cost-share.

	Medicare PPO Blue SaverRx (PPO)	Medicare PPO Blue ValueRx (PPO)	Medicare PPO Blue PlusRx (PPO)	
	\$90 copay	\$90 copay	\$75 copay	
Emergency Care	Your copay is waived if you a for observation.	re admitted to the hospital with	nin 24 hours or held overnight	
Urgently Needed Services	\$25-\$45 copay	\$20-\$40 copay	In-network: \$15-\$35 copay Out-of-network: \$45 copay	
Diagnostic Services/L	abs/Imaging			
Diagnostic radiology (such as MRIs, CT scans):	In-network: \$325 copay per day per category Out-of-network: \$325 copay per day per category	In-network: \$250 copay per day per category Out-of-network: \$250 copay per day per category	In-network: \$150 copay per day per category Out-of-network: 40% of the cost per day per category	
	Authorization rules may apply			
Diagnostic tests and procedures	In-network: \$10 copay per day Out-of-network: \$10 copay per day	In-network: \$10 copay per day Out-of-network: \$10 copay per day	In-network: \$10 copay per day Out-of-network: 20% of the cost	
		Authorization rules may apply	1	
Lab services:	In-network: \$10 copay per day Out-of-network: \$10 copay per day	In-network: \$10 copay per day Out-of-network: \$10 copay per day	In-network: \$10 copay per day Out-of-network: 20% of the cost	
	Authorization rules may apply			
Outpatient x-rays:	In-network: \$10 copay per day Out-of-network: \$10 copay per day	In-network: \$10 copay per day Out-of-network: \$10 copay per day	In-network: \$10 copay per day Out-of-network: 20% of the cost	
		Authorization rules may apply	/	

	Medicare PPO Blue SaverRx (PPO)	Medicare PPO Blue ValueRx (PPO)	Medicare PPO Blue PlusRx (PPO)
Therapeutic radiology services:	In-network: \$60 copay per visit Out-of-network: \$60 copay per visit	In-network: You pay nothing Out-of-network: You pay nothing	In-network: You pay nothing Out-of-network: 20% of the cost
		Authorization rules may app	ly
Hearing Services			
Routine Exam:	Not covered	In-network: \$20-\$40 copay Out-of-network: \$20-\$40 copay	In-network: \$15-\$35 copay Out-of-network: \$45 copay
Non Routine Exam:	In-network: \$25-\$45 copay Out-of-network: \$25-\$45 copay	In-network: \$20-\$40 copay Out-of-network: \$20-\$40 copay	In-network: \$15-\$35 copay Out-of-network: \$45 copay
Hearing Aids:	Not covered	Our plan pays up to \$400 every 36 months for hearing aids	Our plan pays up to \$400 every 36 months for hearing aids
Dental Services			
Limited Medicare- covered dental services:	<b>In-network:</b> \$45 copay <b>Out-of-network:</b> \$45 copay	In-network: \$40 copay Out-of-network: \$40 copay	In-network: \$35 copay Out-of-network: \$45 copay or 20% of the cost, depending on the service
Routine dental services: Single copay for visit that includes: Cleaning (for up to 1 every six months; prophylaxis only - does not include periodontal cleaning) Dental x-ray(s)* (for up to 1 every six months) Oral exam (for up to 1 every six months)	<b>In-network:</b> \$60 copay <b>Out-of-network:</b> \$60 copay	<mark>In-network:</mark> \$40 copay <b>Out-of-network:</b> \$40 copay	In-network: \$35 copay Out-of-network: \$45 copay

\*Dental x-ray(s) coverage is limited to one set of bitewings every 6 months.

	Medicare PPO Blue SaverRx (PPO)	Medicare PPO Blue ValueRx (PPO)	Medicare PPO Blue PlusRx (PPO)
Vision Services			
Medicare-Covered Eye Exam:	In-network: \$25-\$45 copay Out-of-network: \$25-\$45 copay	In-network: \$20-\$40 copay Out-of-network: \$20-\$40 copay	In-network: \$15-\$35 copay Out-of-network: \$45 copay
Eyewear after cataract surgery: (for Medicare- covered standard eyewear)	In and Out-of-Network: \$0 copay	In and Out-of-Network: \$0 copay	In and Out-of-Network: \$0 copay
Routine eye exam: (up to 1 per year)	Not covered	In and Out-of-Network: \$20 copay	In-network: \$35 copay Out-of-network: \$45 copay
Eyewear: (For covered eyewear, you pay any balance in excess of the \$150 limit.)	Not covered	Our plan pays up to \$150 every two years for eyewear	Our plan pays up to \$150 every two years for eyewear
Mental Health Service	es		
Inpatient Visit:	In-network: \$300 copay per day for days 1 through 5 You pay nothing per day for days 6 through 90 You pay nothing per day for days 91 and beyond Out-of-network: \$300 copay per day for days 1 through 5 You pay nothing per day for days 6 through 90 You pay nothing per day for days 91 and beyond	In-network: \$250 copay per day for days 1 through 5 You pay nothing per day for days 6 through 90 You pay nothing per day for days 91 and beyond Out-of-network: \$250 copay per day for days 1 through 5 You pay nothing per day for days 6 through 90 You pay nothing per day for days 91 and beyond	In-network: \$150 copay per day for days 1 through 5 You pay nothing per day for days 6 through 90 You pay nothing per day for days 91 and beyond Out-of-network: 20% of the cost per stay
		Authorization rules may apply	У

	Medicare PPO Blue	Medicare PPO Blue	Medicare PPO Blue
	SaverRx (PPO)	ValueRx (PPO)	PlusRx (PPO)
	In-network:	In-network:	In-network:
	\$40 copay	\$40 copay	\$35 copay
Outpatient group therapy visit:	Out-of-network:	Out-of-network:	Out-of-network:
	\$40 copay	\$40 copay	20% of the cost
		Authorization rules may apply	1
	Out-of-network:	Out-of-network:	Out-of-network:
	\$40 copay	\$40 copay	\$35 copay
Outpatient individual therapy visit:	Out-of-network:	Out-of-network:	Out-of-network:
	\$40 copay	\$40 copay	20% of the cost
		Authorization rules may apply	,
	Our plan covers up to 100 days in a SNF.	Our plan covers up to 100 days in a SNF.	Our plan covers up to 100 days in a SNF.
	In-network:	In-network:	In-network:
	You pay nothing per day for	You pay nothing per day for	\$20 copay per day for days
	days 1 through 20	days 1 through 20	1 through 20
Skilled	\$160 copay per day for	\$160 copay per day for	\$100 copay per day for
Nursing Facility	days 21 through 44	days 21 through 44	days 21 through 44
(SNF)	You pay nothing per day for days 45 through 100	You pay nothing per day for days 45 through 100	You pay nothing per day for days 45 through 100
	Out-of-network:	Out-of-network:	Out-of-network:
	20% of the cost per stay	20% of the cost per stay	20% of the cost per stay
		Authorization rules may apply	1
Dhusiaal Thereny	In-network:	In-network:	In-network:
	\$40 copay	\$20 copay	\$15 copay
Physical Therapy	Out-of-network:	Out-of-network:	Out-of-network:
	\$40 copay	\$20 copay	20% of the cost
Ambulance	In-network:	In-network:	In-network:
	\$250 copay per trip	\$100 copay per trip	\$100 copay per trip
	Out-of-network:	Out-of-network:	Out-of-network:
	\$250 copay per trip	\$100 copay per trip	\$100 copay per trip
Ambalanoo	\$250 copay per trip\$100 copay per trip\$100 copay per tripIf you are admitted to the hospital, you do not have to pay for the ambulance services.Authorization rules may apply.		
Transportation (Including chair vans)	Not covered	Not covered	Not covered

	Medicare PPO Blue	Medicare PPO Blue	Medicare PPO Blue	
	SaverRx (PPO)	ValueRx (PPO)	PlusRx (PPO)	
Medicare Part B	In and out-of-network:	In and out-of-network:	In and out-of-network:	
Drugs (Including	20% coinsurance	15% coinsurance	10% coinsurance	
chemotherapy)	Authorization rules may apply.	Select Part B drugs are subject	to step therapy restrictions.	
Foot Care	Foot exams and treatment	Foot exams and treatment	Foot exams and treatment	
	if you have diabetes-related	if you have diabetes-related	if you have diabetes-related	
	nerve damage and/or meet	nerve damage and/or meet	nerve damage and/or meet	
	certain conditions:	certain conditions:	certain conditions:	
(Podiatry services)	In-network:	In-network:	In-network:	
	\$25-\$45 copay	\$20-\$40 copay	\$15-\$35 copay	
	Out-of-network:	Out-of-network:	Out-of-network:	
	\$25-\$45 copay	\$20-\$40 copay	\$45 copay	
Diabetes Supplies and	I Services*			
Diabetes monitoring supplies:	In-network: You pay nothing Out-of-network: You pay nothing	In-network: You pay nothing Out-of-network: You pay nothing	In-network: You pay nothing Out-of-network: 20% of the cost	
Diabetes self-management training:	In-network: You pay nothing Out-of-network: You pay nothing	In-network: You pay nothing Out-of-network: You pay nothing	In-network: You pay nothing Out-of-network: 20% of the cost	
Therapeutic shoes or inserts:	In-network:	In-network:	In-network:	
	You pay nothing	You pay nothing	You pay nothing	
	Out-of-network:	Out-of-network:	Out-of-network:	
	You pay nothing	You pay nothing	20% of the cost	
Durable	In-network:	In-network:	In-network:	
Medical	20% of the cost	20% of the cost	10% of the cost	
Equipment	Out-of-network:	Out-of-network:	Out-of-network:	
(wheelchairs,	20% of the cost	20% of the cost	20% of the cost	
oxygen, etc.)	Authorization rules may apply			

\*There is no coinsurance or copayment for the Johnson and Johnson® (One Touch®) blood glucose test strips and blood glucose monitors purchased at participating retail and mail-order pharmacies; otherwise you pay all costs. Test strips and blood glucose monitors are also available at DME suppliers with no coinsurance or copayment. There is no coinsurance or copayment for members eligible for covered therapeutic molded shoes and inserts, diabetes self-management training preventive benefit, or fasting plasma glucose tests.

	Medicare PPO Blue SaverRx (PPO)	Medicare PPO Blue ValueRx (PPO)	Medicare PPO Blue PlusRx (PPO)	
Prosthetic Devices (br	aces, artificial limbs, etc.)			
Prosthetic devices:	In-network: 20% of the cost Out-of-network: 20% of the cost	In-network: 20% of the cost Out-of-network: 20% of the cost	In-network: 10% of the cost Out-of-network: 20% of the cost	
Related medical supplies:	In-network: 20% of the cost Out-of-network: 20% of the cost	In-network: 20% of the cost Out-of-network: 20% of the cost	In-network: 10% of the cost Out-of-network: 20% of the cost	
Wellness Programs (See back of this booklet for more details)				
Fitness:	\$150 per calendar year	\$150 per calendar year	\$150 per calendar year	
Weight Loss:	\$150 per calendar year	\$150 per calendar year	\$150 per calendar year	

# WELLNESS PROGRAMS

Medicare PPO Blue SaverRx (PPO) Medicare PPO Blue ValueRx (PPO) Medicare PPO Blue PlusRx (PPO)

#### Take control of your health with our Fitness and Weight Loss Benefits

### What is the Fitness Benefit?

Enroll in a qualified health club or fitness facility and receive up to \$150 per calendar year toward your club membership fees and exercise classes.

# What programs qualify?

- Health clubs with a variety of cardiovascular and strength-training exercise equipment, e.g., traditional health clubs, YMCAs, YWCAs, and community fitness centers
- Fitness classes at participating Councils on Aging (COA) facilities; fitness studios with instructor-led groups such as yoga, pilates, zumba, kickboxing, cross-fit, and indoor cycling/spinning and other exercise classes.
- Programs that DO NOT qualify: Martial arts centers; gymnastics facilities; country clubs; tennis, aerobic, or pool-only facilities; social clubs; and sports teams/leagues. You cannot receive the Fitness Benefit for personal training, lessons, coaching, exercise equipment, or clothing.

# What is the Weight Loss Benefit?

Enroll in a qualified weight loss program and receive up to \$150 per calendar year toward your program fees. Employer group benefits may vary.

# What kinds of programs qualify?

• Traditional Weight Watchers meetings, Weight Watchers Online and At Work program, hospital-based and other non-hospital-based weight loss programs that combine healthy eating, exercise, and coaching sessions.

Programs that DO NOT qualify: Individual nutrition counseling sessions, pre-packaged meals, books, videos, scales, or other items and supplies.

# **PRESCRIPTION DRUG BENEFITS**

	Medicare PPO Blue	Medicare PPO Blue	Medicare PPO Blue
	SaverRx (PPO)	ValueRx (PPO)	PlusRX (PPO)
Deductible	\$405 per year for	\$320 per year for	\$200 per year for
	Tiers 3, 4, 5	Tiers 3, 4, 5	Tiers 3, 4, 5
Initial Coverage	After you pay your yearly deductible, you pay the following until your total yearly drug costs reach \$4,020. Total yearly drug costs are the total drug costs paid by both you and our Part D plan. You may get your drugs at network retail pharmacies and mail order pharmacies.		
Tier 1 = Preferred Generic Tier 2 = Generic Tier 3 = Preferred Brand Tier 4 = Non-Preferred Brand Tier 5 = Specialty Tier Note: Cost-sharing may differ relative to the pharmacy's status as preferred or standard, mail-order, Long Term Care (LTC) or home infusion, and 30 days or 90 days supply.			

	Medicare PPO Blue		Medicare PPO Blue		Medicare PPO BluePlusRx				
	SaverRx (PPO)		ValueRx (PPO)		(PPO)				
Preferred Retail Cost	Sharing								
Drug Tier	30 day	60 day	90 day	30 day	60 day	90 day	30 day	60 day	90 day
	supply	supply	supply	supply	supply	supply	supply	supply	supply
Tier 1	\$4	\$8	\$12	\$2	\$4	\$6	\$1	\$2	\$3
(Preferred Generic)	copay	copay	copay	copay	copay	copay	copay	copay	copay
Tier 2	\$10	\$20	\$30	\$6	\$12	\$18	\$5	\$10	\$15
(Generic)	copay	copay	copay	copay	copay	copay	copay	copay	copay
Tier 3	\$42	\$84	\$126	\$42	\$84	\$126	\$42	\$84	\$126
(Preferred Brand)	copay	copay	copay	copay	copay	copay	copay	copay	copay
Tier 4 (Non-Preferred Brand)	\$95 copay	\$190 copay	\$285 copay	\$95 copay	\$190 copay	\$285 copay	\$95 copay	\$190 copay	\$285 copay
Tier 5 (Specialty Tier)	25% of the cost	25% of the cost	25% of the cost	26% of the cost	26% of the cost	26% of the cost	25% of the cost	25% of the cost	25% of the cost

	Medicare PPO Blue		Medicare PPO Blue			Medicare PPO BluePlusRx			
	SaverRx (PPO)		ValueRx (PPO)			(PPO)			
Standard Retail Cost Sharing									
Drug Tier	30 day	60 day	90 day	30 day	60 day	90 day	30 day	60 day	90 day
	supply	supply	supply	supply	supply	supply	supply	supply	supply
Tier 1	\$10	\$20	\$30	\$8	\$16	\$24	\$6	\$12	\$18
(Preferred Generic)	copay	copay	copay	copay	copay	copay	copay	copay	copay
Tier 2	\$16	\$32	\$48	\$12	\$24	\$36	\$10	\$20	\$30
(Generic)	copay	copay	copay	copay	copay	copay	copay	copay	copay
Tier 3	\$47	\$94	\$141	\$47	\$94	\$141	\$47	\$94	\$141
(Preferred Brand)	copay	copay	copay	copay	copay	copay	copay	copay	copay
Tier 4 (Non-Preferred Brand)	\$100 copay	\$200 copay	\$300 copay	\$100 copay	\$200 copay	\$300 copay	\$100 copay	\$200 copay	\$300 copay
Tier 5 (Specialty Tier)	25% of the cost	25% of the cost	25% of the cost	26% of the cost	26% of the cost	26% of the cost	25% of the cost	25% of the cost	25% of the cost
Mail Order Cost Shari	ng	1	1		'				
Drug Tier	30 day	60 day	90 day	30 day	60 day	90 day	30 day	60 day	90 day
	supply	supply	supply	supply	supply	supply	supply	supply	supply
Tier 1	\$4	\$4	\$4	\$2	\$2	\$2	\$1	\$1	\$1
(Preferred Generic)	copay	copay	copay	copay	copay	copay	copay	copay	copay
Tier 2	\$10	\$20	\$20	\$6	\$12	\$12	\$5	\$10	\$10
(Generic)	copay	copay	copay	copay	copay	copay	copay	copay	copay
Tier 3	\$42	\$84	\$84	\$42	\$84	\$84	\$42	\$84	\$84
(Preferred Brand)	copay	copay	copay	copay	copay	copay	copay	copay	copay
Tier 4 (Non-Preferred Brand)	\$95 copay	\$190 copay	\$190 copay	\$95 copay	\$190 copay	\$190 copay	\$95 copay	\$190 copay	\$190 copay
Tier 5 (Specialty Tier)	25% of the cost	25% of the cost	25% of the cost	26% of the cost	26% of the cost	26% of the cost	25% of the cost	25% of the cost	25% of the cost

Medicare PPO Blue	Medicare PPO Blue	Medicare PPO BluePlusRx		
SaverRx (PPO)	ValueRx (PPO)	(PPO)		
If you reside in a long-term care facility, you pay the same as at a retail pharmacy. You may get drugs from an out-of-network pharmacy, but may pay more than you pay at an in-network pharmacy.				

	Medicare PPO Blue SaverRx (PPO)	Medicare PPO Blue ValueRx (PPO)	Medicare PPO Blue PlusRx (PPO)	
Coverage Gap	<ul> <li>Most Medicare drug plans have a coverage gap (also called the "donut hole"). This means that there's a temporary change in what you will pay for your drugs. The coverage gap begins after the total yearly drug cost (including what our plan paid and what you have paid) reaches \$4,020.</li> <li>After you enter the coverage gap, you pay 25% of the plan's cost for covered brar name drugs and 25% of the plan's cost for covered generic drugs until your costs \$6,350, which is the end of the coverage gap. Not everyone will enter the coverage gap.</li> </ul>			
Catastrophic Coverage	After your yearly out-of-pocket drug costs (including drugs purchased through your retail pharmacy and through mail order) reach \$6,350, you pay the greater of: 5% of the cost, or \$3.60 copay for generic (including brand drugs treated as generic) and a \$8.95 copayment for all other drugs.			



Before making an enrollment decision, it is important that you fully understand our benefits and rules. If you have any questions, you can call and speak to a customer service representative.

# Contact Us: 1-800-678-2265 (TTY: 711)

April 1 through September 30, 8:00 a.m. to 8:00 p.m. ET, Monday through Friday. October 1 through March 31, 8:00 a.m. to 8:00 p.m. ET, seven days a week.

Unders	Understanding the Benefits						
	Review the full list of benefits found in the Evidence of Coverage (EOC), especially for those services for which you routinely see a doctor. Visit <b>bluecrossma.com/medicare</b> or call <b>1-800-678-2265</b> (TTY: <b>711</b> ) April 1 through September 30, 8:00 a.m. to 8:00 p.m. ET, Monday through Friday. October 1 through March 31, 8:00 a.m. to 8:00 p.m. ET, seven days a week to view a copy of the EOC.						
	Review the provider directory (or ask your doctor) to make sure the doctors you see now are in the network. If they are not listed, it means you will likely have to select a new doctor.						
	Review the pharmacy directory to make sure the pharmacy you use for any prescription medicines is in the network. If the pharmacy is not listed, you will likely have to select a new pharmacy for your prescriptions.						
Unders	Understanding Important Rules						
	In addition to your monthly plan premium, you must continue to pay your Medicare Part B premium. This premium is normally taken out of your Social Security check each month.						
	Benefits, premiums and/or copayments/co-insurance may change on January 1, 2021						
	Our plan allows you to see providers outside of our network (non-contracted providers). However, while we will pay for covered services provided by a non-contracted provider, the provider must agree to treat you. Except in an emergency or urgent situations, non-contracted providers may deny care. In addition, you will pay a higher co-pay for services received by non-contracted providers.						

Independent Licensees of the Blue Cross and Blue Shield Association.

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#### **Contact Information and Hours of Operation**

#### **Members**

October 1 - March 31 1-800-200-4255 (TTY: 711) 8:00 a.m. to 8:00 p.m., 7 days a week

#### April 1 - September 30 1-800-200-4255 (TTY: 711) 8:00 a.m. to 8:00 p.m., 5 days a week, Monday - Friday

If you call after business hours, you may leave a message that includes your name, phone number and the time you called, and a representative will return your call no later than one business day after you leave a message. Member Services also has free language interpreter services available for non-English speakers.

#### **Non-Members**

October 1 - March 31 1-800-678-2265 (TTY: 711) 8:00 a.m. to 8:00 p.m., 7 days a week	April 1 - September 30 1-800-678-2265 (TTY: 711) 8:00 a.m. to 8:00 p.m., 5 days a week, Monday - Friday
Our website: www.bluecrossma.com/medicare-options	



# **NONDISCRIMINATION NOTICE**

Blue Cross Blue Shield of Massachusetts complies with applicable federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. It does not exclude people or treat them differently because of race, color, national origin, age, disability, sex, sexual orientation or gender identity.

### **Blue Cross Blue Shield of Massachusetts provides:**

- Free aids and services to people with disabilities to communicate effectively with us, such as qualified sign language interpreters and written information in other formats (large print or other formats).
- Free language services to people whose primary language is not English, such as qualified interpreters and information written in other languages.

If you need these services, contact the Medicare Advantage Appeals and Grievance Manager.

If you believe that Blue Cross Blue Shield of Massachusetts has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance with the Medicare Advantage Appeals and Grievance Manager by mail at P.O. Box 55007, Boston, MA 02205; phone at **1-800-200-4255** (TTY: **711**) from April 1 through September 30, 30, 8:00 a.m. to 8:00 p.m., Monday through Friday, or October 1 through March 31, 8:00 a.m. to 8:00 p.m., seven days a week; fax at **617-246-8506**; or email at **MedicareAdvantageRXAppeals@bcbsma.com**. You can file a grievance in person, by mail, fax, email, or you can call **1-800-200-4255** (TTY: **711**).

If you need help filing a grievance, the Medicare Advantage Appeals and Grievance Manager is available to help you.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights online at **ocrportal.hhs.gov**; by mail at U.S. Department of Health and Human Services, 200 Independence Avenue, SW Room 509F, HHH Building Washington, DC 20201; by phone at **1-800-368-1019** or **1-800-537-7697** (TDD).

Complaint forms are available at www.hhs.gov.

# TRANSLATION RESOURCES

### **Proficiency of Language Assistance Services**

**English:** ATTENTION: If you speak English, language assistance services, free of charge, are available to you. Call 1-800-200-4255 (TTY: 711).

**Spanish/Español:** ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-800-200-4255 (TTY: 711).

**Portuguese/Português:** ATENÇÃO: Se fala português, encontram-se disponíveis serviços linguísticos, grátis. Ligue para 1-800-200-4255 (TTY: 711).

Chinese/繁體中文:注意:如果您使用繁體中文,您可以免費獲得語言援助服務。請致電 1-800-200-4255 (TTY: 711).

**French Creole/Kreyòl Ayisyen:** ATANSYON: Si w pale Kreyòl Ayisyen, gen sèvis èd pou lang ki disponib gratis pou ou. Rele 1-800-200-4255 (TTY: 711).

**Vietnamese/Tiếng Việt:** CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số 1-800-200-4255 (TTY: 711).

**Russian/Русский:** ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните 1-800-200-4255 (телетайп: 711).

:االعربية/Arabic

ملحوظة: إذا كنت تتحدث العربية، فإن خدمات المساعدة اللغوية تتوافر لك بالمجان. اتصل برقم 4255-200-1800 . .(هاتف الصم والبكم: 711)

Mon-Khmer, Cambodian/ ខ្មែរ: ប្រយ័ត្ន៖ បើសិនជាអ្នកនិយាយ កាសាខ្មែរ, សេវាជំនួយផ្នែកភាសា ដោយមិនគិតឈ្នួល គឺអាចមានសំរាប់បំរើអ្នក។ ចូរ ទូរស័ព្ទ 1-800-200-4255 (TTY: 711).

**French/Français:** ATTENTION: Si vous parlez français, des services d'aide linguistique vous sont proposés gratuitement. Appelez le 1-800-200-4255 (ATS: 711).

**Italian/Italiano:** ATTENZIONE: In caso la lingua parlata sia l'italiano, sono disponibili servizi di assistenza linguistica gratuiti. Chiamare il numero 1-800-200-4255 (TTY: 711).

Korean/한국어: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 1-800-200-4255 (TTY: 711) 번으로 전화해 주십시오.

Greek/λληνικά: ΠΡΟΣΟΧΗ: Αν μιλάτε ελληνικά, στη διάθεσή σας βρίσκονται υπηρεσίες γλωσσικής υποστήριξης, οι οποίες παρέχονται δωρεάν. Καλέστε 1-800-200-4255 (TTY: 711).

**Polish/Polski:** UWAGA: Jeżeli mówisz po polsku, możesz skorzystać z bezpłatnej pomocy językowej. Zadzwoń pod numer 1-800-200-4255 (TTY: 711).

Hindi/ **हिंदी :** ध्यान दें: यदि आप हिंदी बोलते हैं तो आपके लिए मुफ्त में भाषा सहायता सेवाएं उपलब्ध हैं। 1-800-200-4255 (TTY: 711) पर कॉल करें।

Gujarati/ગુજરાતી: સુચના: જો તમે ગુજરાતી બોલતા હો, તો નિ:શુલ્ક ભાષા સહ્રાય સેવાઓ તમારા માટે ઉપલબ્ધ છે. ફોન કરા 1-800-200-4255 (TTY: 711)



### FOR MORE INFORMATION OR HELP WITH ENROLLMENT

bluecrossma.com/Medicare | Medicare Plan Sales: 1-800-678-2265 (TTY: 711) April 1 through September 30, 8:00 a.m. to 8:00 p.m. ET, Monday through Friday. October 1 through March 31, 8:00 a.m. to 8:00 p.m. ET, seven days a week.

Blue Cross Blue Shield of Massachusetts is an HMO and PPO Plan with an Medicare contract. Enrollment in Blue Cross Blue Shield of Massachusetts depends on contract renewal.

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ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al **1-800-200-4255** (TTY: **711**).

ATENÇÃO: Se fala português, encontram-se disponíveis serviços linguísticos, grátis. Ligue para **1-800-200-4255** (TTY: **711**).



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